
Individual Meet Results
SJL May 9 LC TTrial 09-May-09 LC Meters
Location: Aquarena

Time	F/P/S	Event		Place	Points	Improv
Adey, Olivia (8) W						
NS	T # 9	Women 200 Free	SJL	---	---	---
NS	T # 21	Women 200 Breast	SJL	---	---	---
Adey, Sophia (10) W						
49.84L	T # 5	Women 50 Back	SJL	8	---	0.25
3:43.83L	T # 21	Women 200 Breast	SJL	2	---	-17.04
3:41.96L	T # 25	Women 200 IM	SJL	10	---	4.21
Albrechtsons, Hannah (17) W						
37.25L	T # 5	Women 50 Back	SJL	1	---	0.96
1:17.72L	T # 15	Mixed 100 Fly	SJL	2	---	1.61
Avis, Jillian (15) W						
1:25.66L	T # 3	Women 100 Free	SJL	6	---	1.87
3:12.95L	T # 9	Women 200 Free	SJL	9	---	7.45
36.82L	T # 17	Women 50 Free	SJL	7	---	1.55
NS	T # 25	Women 200 IM	SJL	---	---	---
Avis, Matthew (18) M						
1:22.51L	T # 8	Men 100 Breast	SJL	1	---	-4.68
28.52L	T # 18	Men 50 Free	SJL	4	---	1.41
Baird, Michael (9) M						
NS	T # 18	Men 50 Free	SJL	---	---	---
Battcock, Jake (12) M						
1:58.26L	T # 12	Men 100 Back	SJL	6	---	-10.03
42.39L	T # 18	Men 50 Free	SJL	14	---	-3.66
Battcock, Josh (8) M						
1:04.05L	T # 6	Men 50 Back	LSJL	11	---	---
59.65L	T # 14	Men 50 Breast	LSJL	10	---	---
50.70L	T # 18	Men 50 Free	LSJL	17	---	---
Bennett, Tim (18) M						
32.47L	T # 6	Men 50 Back	SJL	1	---	0.01
1:10.31L	T # 12	Men 100 Back	SJL	1	---	1.08
Bittner, Danielle (15) W						
2:39.03L	T # 9	Women 200 Free	SJL	2	---	5.78
33.00L	T # 17	Women 50 Free	SJL	2	---	0.56
Boone, Carly (13) W						
1:25.48L	T # 3	Women 100 Free	SJL	5	---	---
1:52.34L	T # 11	Women 100 Back	SJL	5	---	-25.37
Boone, Michael (11) M						
1:07.97L	T # 6	Men 50 Back	LSJL	13	---	---
1:00.42L	T # 14	Men 50 Breast	LSJL	11	---	---
56.10L	T # 18	Men 50 Free	LSJL	22	---	---
Breen, Max (9) M						
1:00.60L	T # 6	Men 50 Back	LSJL	8	---	---
1:04.38L	T # 14	Men 50 Breast	LSJL	15	---	---
51.66L	T # 18	Men 50 Free	LSJL	18	---	---
Brodie, Karen (17) W						
NS	T # 17	Women 50 Free	SJL	---	---	---

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Brown, Cori (16) W						
39.13L	T # 1	Women 50 Fly	SJL	9	---	1.21
42.88L	T # 5	Women 50 Back	SJL	6	---	3.62
34.85L	T # 17	Women 50 Free	SJL	4	---	2.21
Brown, Davin (12) M						
NS	T # 4	Men 100 Free	SJL	---	---	---
NS	T # 6	Men 50 Back	SJL	---	---	---
NS	T # 26	Men 200 IM	SJL	---	---	---
Brown, Emily (11) W						
37.95L	T # 17	Women 50 Free	SJL	9	---	-0.46
3:39.72L	T # 25	Women 200 IM	SJL	9	---	6.88
Buckingham, Aaron (16) M						
1:26.18L	T # 8	Men 100 Breast	SJL	4	---	-0.06
27.01L	T # 18	Men 50 Free	SJL	1	---	0.37
Burt, Mitchell (12) M						
1:29.26L	T # 4	Men 100 Free	SJL	8	---	1.24
3:17.50L	T # 10	Men 200 Free	SJL	8	---	5.16
1:48.25L	T # 12	Men 100 Back	SJL	4	---	-25.24
Cadigan, Laura (12) W						
2:56.16L	T # 9	Women 200 Free	MPM	5	---	-1.84
3:24.65L	T # 25	Women 200 IM	MPM	3	---	1.66
Connors, Sam (12) M						
NS	T # 6	Men 50 Back	LSJL	---	---	---
NS	T # 18	Men 50 Free	LSJL	---	---	---
Cowley, Iain (14) M						
NS	T # 10	Men 200 Free	SJL	---	---	---
NS	T # 19	Mixed 200 Back	SJL	---	---	---
NS	T # 26	Men 200 IM	SJL	---	---	---
Crane, Megan (9) W						
1:04.87L	T # 5	Women 50 Back	LSJL	19	---	---
1:09.67L	T # 13	Women 50 Breast	LSJL	18	---	---
1:04.23L	T # 17	Women 50 Free	LSJL	26	---	---
Curran, Dawn (12) W						
36.02L	T # 1	Women 50 Fly	SJL	5	---	-1.38
1:36.71L	T # 7	Women 100 Breast	SJL	4	---	---
1:29.67L	T # 15	Mixed 100 Fly	SJL	4	---	4.76
Daly, Declan (11) M						
48.76L	T # 2	Men 50 Fly	SJL	9	---	4.09
40.14L	T # 18	Men 50 Free	SJL	12	---	3.32
Daly, Kathleen (12) W						
1:39.74L	T # 7	Women 100 Breast	SJL	6	---	-1.57
37.73L	T # 17	Women 50 Free	SJL	8	---	-2.49
Daly, Michael (10) M						
54.16L	T # 6	Men 50 Back	LSJL	6	---	---
1:10.52L	T # 14	Men 50 Breast	LSJL	16	---	---
46.40L	T # 18	Men 50 Free	LSJL	15	---	---

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Daly, Owen (13) M						
1:26.65L	T # 8	Men 100 Breast	SJL	5	---	---
38.58L	T # 14	Men 50 Breast	SJL	2	---	1.50
Davis, Sarah (11) W						
3:35.86L	T # 9	Women 200 Free	SJL	12	---	---
NS	T # 19	Mixed 200 Back	SJL	---	---	---
3:54.35L	T # 25	Women 200 IM	SJL	14	---	---
Dawson, Kate (10) W						
43.72L	T # 5	Women 50 Back	SJL	7	---	-4.67
3:29.40L DQ	T # 9	Women 200 Free	SJL	---	---	---
Decker, Allie (12) W						
NS	T # 3	Women 100 Free	SJL	---	---	---
NS	T # 13	Women 50 Breast	SJL	---	---	---
Diamond, Ben (9) M						
1:11.89L DQ	T # 6	Men 50 Back	LSJL	---	---	---
1:16.17L	T # 14	Men 50 Breast	LSJL	19	---	---
1:10.29L	T # 18	Men 50 Free	LSJL	28	---	---
Dobbin, Maria (13) W						
1:15.17L	T # 3	Women 100 Free	SJL	2	---	-7.82
40.59L	T # 5	Women 50 Back	SJL	4	---	1.14
Dobbin, Michael (11) M						
46.44L	T # 2	Men 50 Fly	SJL	6	---	-4.91
3:32.09L	T # 10	Men 200 Free	SJL	10	---	5.31
Dornan, Ben (9) M						
58.26L	T # 6	Men 50 Back	LSJL	7	---	---
1:19.27L	T # 14	Men 50 Breast	LSJL	20	---	---
52.58L	T # 18	Men 50 Free	LSJL	20	---	---
Dornan, Emma (11) W						
39.69L	T # 5	Women 50 Back	SJL	3	---	-1.66
46.29L	T # 13	Women 50 Breast	SJL	7	---	-1.05
33.64L	T # 17	Women 50 Free	SJL	3	---	0.73
Duffy, Conor (13) M						
NS	T # 4	Men 100 Free	SJL	---	---	---
NS	T # 8	Men 100 Breast	SJL	---	---	---
NS	T # 10	Men 200 Free	SJL	---	---	---
Dumaresque, Cecilie (9) W						
54.37L	T # 5	Women 50 Back	LSJL	11	---	---
1:08.80L DQ	T # 13	Women 50 Breast	LSJL	---	---	---
52.20L	T # 17	Women 50 Free	LSJL	18	---	---
Dumaresque, Ursula (10) W						
43.08L	T # 17	Women 50 Free	SJL	11	---	0.59
4:24.32L	T # 21	Women 200 Breast	SJL	5	---	---
NS	T # 25	Women 200 IM	SJL	---	---	---
Dunn, Chris (13) M						
1:19.75L	T # 4	Men 100 Free	SJL	4	---	-22.49
1:37.54L	T # 8	Men 100 Breast	SJL	6	---	-0.26
43.42L	T # 14	Men 50 Breast	SJL	4	---	-0.37

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Engelbrecht, Cara (12) W						
4:06.63L	T # 21	Women 200 Breast	SJL	3	---	---
3:37.86L	T # 25	Women 200 IM	SJL	8	---	-18.39
Engelbrecht, Reniel (15) M						
NS	T # 8	Men 100 Breast	SJL	---	---	---
NS	T # 12	Men 100 Back	SJL	---	---	---
NS	T # 18	Men 50 Free	SJL	---	---	---
Ferguson-O'Brien, Walter (11) M						
47.63L	T # 2	Men 50 Fly	SJL	8	---	0.42
NS	T # 26	Men 200 IM	SJL	---	---	---
Flynn, Amanda (14) W						
1:38.25L	T # 7	Women 100 Breast	SJL	5	---	3.97
44.29L	T # 13	Women 50 Breast	SJL	5	---	1.18
Flynn, Amy (13) W						
36.56L	T # 1	Women 50 Fly	SJL	6	---	-1.24
2:40.06L	T # 9	Women 200 Free	SJL	3	---	-4.00
Flynn, Kate (9) W						
57.75L	T # 5	Women 50 Back	LSJL	13	---	---
1:12.26L	T # 13	Women 50 Breast	LSJL	20	---	---
1:00.15L	T # 17	Women 50 Free	LSJL	20	---	---
Fontaine, Daniel (15) M						
1:25.69L	T # 8	Men 100 Breast	SJL	3	---	-7.61
38.88L	T # 14	Men 50 Breast	SJL	3	---	-1.87
28.99L	T # 18	Men 50 Free	SJL	5	---	-2.15
Foster, Brett (20) M						
30.22L	T # 2	Men 50 Fly	SJL	2	---	0.79
1:23.67L	T # 8	Men 100 Breast	SJL	2	---	-0.69
3:00.95L	T # 22	Men 200 Breast	SJL	1	---	-15.90
Francis, Antonia (11) W						
2:01.32L	T # 7	Women 100 Breast	SJL	12	---	---
45.77L	T # 17	Women 50 Free	SJL	12	---	---
Froude, Allison (11) W						
1:27.09L	T # 3	Women 100 Free	SJL	7	---	---
53.09L	T # 13	Women 50 Breast	SJL	11	---	2.57
Froude, Anna (9) W						
1:09.60L DQ	T # 13	Women 50 Breast	LSJL	---	---	---
1:08.40L	T # 17	Women 50 Free	LSJL	27	---	---
Froude, Leo (14) M						
1:15.63L	T # 15	Mixed 100 Fly	SJL	1	---	-4.82
3:04.75L	T # 22	Men 200 Breast	SJL	3	---	-2.14
Gillespie, Jenny (10) W						
1:38.32L	T # 3	Women 100 Free	SJL	10	---	---
53.43L DQ	T # 13	Women 50 Breast	SJL	---	---	---
Gillespie, Katie (12) W						
1:32.83L	T # 7	Women 100 Breast	SJL	2	---	3.00
3:15.85L	T # 21	Women 200 Breast	SJL	1	---	4.43

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Gillespie, Olivia (8) W						
1:09.86L	T # 5	Women 50 Back	LSJL	23	---	---
1:02.03L	T # 13	Women 50 Breast	LSJL	16	---	---
50.68L	T # 17	Women 50 Free	LSJL	17	---	---
Greening, Jenna (12) W						
1:38.31L	T # 3	Women 100 Free	SJL	9	---	---
1:49.36L	T # 11	Women 100 Back	SJL	4	---	1.17
Gregory, Peter (15) M						
1:12.44L	T # 12	Men 100 Back	SJL	2	---	-0.42
29.62L	T # 18	Men 50 Free	SJL	6	---	0.34
Hanna-Quinn, Eric (16) M						
40.71L	T # 2	Men 50 Fly	SJL	4	---	---
1:42.26L	T # 8	Men 100 Breast	SJL	7	---	-21.83
32.08L	T # 18	Men 50 Free	SJL	9	---	-2.88
Hanna-Quinn, Sonja (13) W						
1:31.09L	T # 11	Women 100 Back	SJL	3	---	1.37
3:14.20L	T # 19	Mixed 200 Back	SJL	2	---	-7.60
3:32.84L	T # 25	Women 200 IM	SJL	5	---	6.10
Heale, Kali (11) W						
52.78L	T # 5	Women 50 Back	LSJL	10	---	---
46.50L	T # 17	Women 50 Free	LSJL	14	---	---
Hewitt, Sean (12) M						
1:32.42L	T # 4	Men 100 Free	SJL	10	---	-2.58
41.28L	T # 18	Men 50 Free	SJL	13	---	-1.62
Hickey, Mark (13) M						
2:46.05L DQ	T # 10	Men 200 Free	MPM	---	---	---
3:05.48L	T # 26	Men 200 IM	MPM	2	---	-6.61
Hickman, Cameron (9) M						
1:01.75L	T # 6	Men 50 Back	LSJL	9	---	---
1:01.32L	T # 14	Men 50 Breast	LSJL	12	---	---
58.65L	T # 18	Men 50 Free	LSJL	24	---	---
Hickman, Caroline (11) W						
42.37L	T # 5	Women 50 Back	SJL	5	---	0.75
1:41.83L	T # 7	Women 100 Breast	SJL	8	---	0.55
35.87L	T # 17	Women 50 Free	SJL	5	---	-1.19
Hiscock, Stefan (12) M						
NS	T # 4	Men 100 Free	SJL	---	---	---
NS	T # 26	Men 200 IM	SJL	---	---	---
Howlett, Vanessa (12) W						
3:02.63L	T # 9	Women 200 Free	MPM	7	---	-11.71
Innes, Emily (16) W						
34.56L	T # 1	Women 50 Fly	SJL	2	---	2.46
1:17.85L	T # 3	Women 100 Free	SJL	4	---	8.02
45.22L	T # 13	Women 50 Breast	SJL	6	---	1.46
NS	T # 23	Women 200 Fly	SJL	---	---	---
Innes, Peter (16) M						
1:07.01L	T # 4	Men 100 Free	SJL	2	---	-2.77

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2:41.91L	T # 10	Men 200 Free	SJL	3	---	13.34
30.26L	T # 18	Men 50 Free	SJL	7	---	-0.21
Innes, Stefan (16) M						
1:13.09L	T # 4	Men 100 Free	SJL	3	---	0.80
44.44L	T # 14	Men 50 Breast	SJL	6	---	-1.35
31.64L	T # 18	Men 50 Free	SJL	8	---	0.11
Lahey, Lesley-Marie (13) W						
NS	T # 25	Women 200 IM	MPM	---	---	---
Leake, William (9) M						
3:40.66L	T # 10	Men 200 Free	SJL	12	---	13.54
NS	T # 22	Men 200 Breast	SJL	---	---	---
Lewis, Liam (10) M						
52.04L	T # 14	Men 50 Breast	LSJL	8	---	---
4:05.17L	T # 22	Men 200 Breast	LSJL	5	---	---
MACKAY, Meg (11) W						
51.13L	T # 13	Women 50 Breast	SJL	10	---	-1.37
35.88L	T # 17	Women 50 Free	SJL	6	---	-0.99
MACKAY, Victoria (14) W						
38.63L	T # 1	Women 50 Fly	SJL	8	---	0.88
1:43.50L	T # 7	Women 100 Breast	SJL	10	---	-8.57
47.77L	T # 13	Women 50 Breast	SJL	8	---	1.04
MACKENZIE, LIAM (12) M						
3:06.83L	T # 10	Men 200 Free	MPM	5	---	---
3:45.68L	T # 26	Men 200 IM	MPM	5	---	---
Maher, Erin (10) W						
1:01.07L	T # 5	Women 50 Back	LSJL	16	---	---
1:10.07L	T # 13	Women 50 Breast	LSJL	19	---	---
1:00.89L	T # 17	Women 50 Free	LSJL	22	---	---
Major, Christina (12) W						
NS	T # 9	Women 200 Free	SJL	---	---	---
NS	T # 21	Women 200 Breast	SJL	---	---	---
Major, Samantha (14) W						
NS	T # 3	Women 100 Free	SJL	---	---	---
NS	T # 9	Women 200 Free	SJL	---	---	---
Marino, Felix (11) M						
1:30.88L	T # 4	Men 100 Free	SJL	9	---	-2.52
3:16.01L	T # 10	Men 200 Free	SJL	7	---	-2.56
4:05.49L DQ	T # 22	Men 200 Breast	SJL	---	---	---
Marmouche, Chris (11) M						
NS	T # 14	Men 50 Breast	SJL	---	---	---
3:41.11L	T # 26	Men 200 IM	SJL	3	---	-31.42
Martin, Owen (9) W						
1:08.18L	T # 5	Women 50 Back	LSJL	22	---	---
1:14.64L	T # 13	Women 50 Breast	LSJL	22	---	---
1:02.57L	T # 17	Women 50 Free	LSJL	25	---	---
Mason, Kathleen (9) W						
1:06.99L	T # 5	Women 50 Back	LSJL	21	---	---

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1:27.76L	DQ	T # 13	Women 50 Breast	LSJL	---	---
1:08.79L		T # 17	Women 50 Free	LSJL	28	---
Mather, Mike (14) M						
1:15.63L		T # 12	Men 100 Back	SJL	3	---
27.70L		T # 18	Men 50 Free	SJL	3	0.08
Mather, Tim (12) M						
3:18.97L		T # 10	Men 200 Free	SJL	9	2.12
50.82L		T # 14	Men 50 Breast	SJL	7	0.51
McAleese, Aileen (16) W						
1:26.70L		T # 7	Women 100 Breast	SJL	1	-1.83
40.69L		T # 13	Women 50 Breast	SJL	2	2.09
1:26.21L		T # 15	Mixed 100 Fly	SJL	3	1.26
NS		T # 25	Women 200 IM	SJL	---	---
McKay, Brandon (17) M						
34.65L		T # 14	Men 50 Breast	SJL	1	0.88
3:04.55L		T # 22	Men 200 Breast	SJL	2	-14.25
McKay, Curtis (15) M						
28.43L		T # 2	Men 50 Fly	SJL	1	-0.96
35.43L		T # 6	Men 50 Back	SJL	2	0.41
27.38L		T # 18	Men 50 Free	SJL	2	0.53
McKinnon, Jennifer (9) W						
50.50L		T # 5	Women 50 Back	LSJL	9	---
59.63L		T # 13	Women 50 Breast	LSJL	14	---
49.41L		T # 17	Women 50 Free	LSJL	16	---
Meaney, Andrew (8) M						
NS		T # 18	Men 50 Free	LSJL	---	---
Meaney, Nicholas (11) M						
1:10.35L	DQ	T # 6	Men 50 Back	LSJL	---	---
1:11.48L		T # 14	Men 50 Breast	LSJL	17	---
52.34L		T # 18	Men 50 Free	LSJL	19	---
Mercer-Daley, Billy (15) M						
35.34L		T # 2	Men 50 Fly	SJL	3	0.36
38.56L		T # 6	Men 50 Back	SJL	3	-0.39
43.43L		T # 14	Men 50 Breast	SJL	5	-1.15
Monaghan, Darragh (12) M						
1:26.53L		T # 4	Men 100 Free	SJL	6	---
NS		T # 26	Men 200 IM	SJL	---	---
Nesbitt, Grace (11) W						
59.19L		T # 5	Women 50 Back	LSJL	14	---
1:10.34L	DQ	T # 13	Women 50 Breast	LSJL	---	---
1:01.42L		T # 17	Women 50 Free	LSJL	24	---
Nesbitt, Olivia (8) W						
1:04.38L		T # 5	Women 50 Back	LSJL	18	---
Neveu, Kate (14) W						
NS		T # 1	Women 50 Fly	SJL	---	---
NS		T # 9	Women 200 Free	SJL	---	---

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Neveu, Rachel (12) W						
NS	T # 3	Women 100 Free	SJL	---	---	---
NS	T # 25	Women 200 IM	SJL	---	---	---
Newhook, Benjamin (10) M						
1:03.89L	T # 6	Men 50 Back	LSJL	10	---	---
1:03.92L	T # 14	Men 50 Breast	LSJL	14	---	---
46.87L	T # 18	Men 50 Free	LSJL	16	---	---
Newhook, Sam (13) M						
2:34.07L	T # 10	Men 200 Free	SJL	2	---	5.49
2:53.40L	T # 26	Men 200 IM	SJL	1	---	-6.87
North, Emily (16) W						
38.04L	T # 1	Women 50 Fly	SJL	7	---	0.03
1:23.38L	T # 11	Women 100 Back	SJL	1	---	2.97
North, Jessica (16) W						
NS	T # 5	Women 50 Back	SJL	---	---	---
Noseworthy, Jessica (15) W						
1:34.50L	T # 7	Women 100 Breast	SJL	3	---	1.01
43.00L	T # 13	Women 50 Breast	SJL	3	---	-0.68
O'Keefe- Daw, Eve (10) W						
56.07L	T # 13	Women 50 Breast	SJL	12	---	---
NS	T # 25	Women 200 IM	SJL	---	---	---
O'Keefe-Daw, James (13) M						
1:27.67L	T # 4	Men 100 Free	SJL	7	---	---
NS	T # 26	Men 200 IM	SJL	---	---	---
O'Keefe-Daw, Michael (11) M						
58.49L	T # 14	Men 50 Breast	SJL	9	---	-0.34
52.71L	T # 18	Men 50 Free	SJL	21	---	-2.52
O'Rourke, Regan (12) M						
NS	T # 4	Men 100 Free	MPM	---	---	---
NS	T # 10	Men 200 Free	MPM	---	---	---
Peddigrew, Stephen (14) M						
1:20.66L	T # 4	Men 100 Free	MPM	5	---	-0.24
3:41.66L	T # 26	Men 200 IM	MPM	4	---	7.82
Pitcher, Dylan (13) M						
NS	T # 4	Men 100 Free	MPM	---	---	---
NS	T # 10	Men 200 Free	MPM	---	---	---
Power, Victoria (13) W						
2:10.44L	T # 15	Mixed 100 Fly	SJL	6	---	6.80
NS	T # 25	Women 200 IM	SJL	---	---	---
Quirion, Jade (13) W						
NS	T # 7	Women 100 Breast	SJL	---	---	---
NS	T # 17	Women 50 Free	SJL	---	---	---
Rideout, Jane (9) W						
59.78L	T # 5	Women 50 Back	LSJL	15	---	---
1:04.14L	DQ T # 13	Women 50 Breast	LSJL	---	---	---
49.13L	T # 17	Women 50 Free	LSJL	15	---	---

Individual Meet Results
SJL May 9 LC TTrial 09-May-09 LC Meters
Location: Aquarena

Time	F/P/S	Event		Place	Points	Improv
Robinson, Ryan (11) M						
3:32.68L	T # 10	Men 200 Free	SJL	11	---	2.46
3:49.97L	T # 26	Men 200 IM	SJL	6	---	---
Rockwood, Nadine (16) W						
32.82L	T # 1	Women 50 Fly	SJL	1	---	1.95
Roome, Matthew (10) M						
1:10.10L DQ	T # 6	Men 50 Back	LSJL	---	---	---
1:29.65L DQ	T # 14	Men 50 Breast	LSJL	---	---	---
1:09.91L	T # 18	Men 50 Free	LSJL	27	---	---
Roome, Pascal (10) M						
1:13.59L	T # 6	Men 50 Back	LSJL	15	---	---
1:14.64L	T # 14	Men 50 Breast	LSJL	18	---	---
1:05.85L	T # 18	Men 50 Free	LSJL	26	---	---
Rose, Michaela (14) W						
1:27.42L	T # 3	Women 100 Free	SJL	8	---	---
1:45.18L	T # 7	Women 100 Breast	SJL	11	---	-35.55
3:34.49L	T # 25	Women 200 IM	SJL	6	---	-49.27
Rowe, Lily (11) W						
NS	T # 9	Women 200 Free	MPM	---	---	---
NS	T # 25	Women 200 IM	MPM	---	---	---
Shortall, Gabriel (11) M						
43.62L	T # 2	Men 50 Fly	SJL	5	---	-9.74
3:03.11L	T # 10	Men 200 Free	SJL	4	---	-51.79
Shortall, Lucas (8) M						
1:05.71L	T # 6	Men 50 Back	LSJL	12	---	---
1:28.14L DQ	T # 14	Men 50 Breast	LSJL	---	---	---
1:01.57L	T # 18	Men 50 Free	LSJL	25	---	---
Silotch, Catherine (10) W						
1:42.74L	T # 7	Women 100 Breast	SJL	9	---	-24.36
33.34L DQ	T # 17	Women 50 Free	SJL	---	---	---
3:10.31L	T # 25	Women 200 IM	SJL	2	---	3.77
Slade, Logan (11) M						
39.27L	T # 6	Men 50 Back	SJL	4	---	0.65
1:37.36L	T # 15	Mixed 100 Fly	SJL	5	---	---
Smith, Colin (10) M						
1:11.08L	T # 6	Men 50 Back	LSJL	14	---	---
1:03.34L	T # 14	Men 50 Breast	LSJL	13	---	---
57.67L	T # 18	Men 50 Free	LSJL	23	---	---
Smith, Kaitlyn (13) W						
2:58.85L	T # 9	Women 200 Free	SJL	6	---	-8.63
39.15L	T # 17	Women 50 Free	SJL	10	---	0.79
3:35.48L	T # 25	Women 200 IM	SJL	7	---	5.49
Stylianides, Iona (10) W						
1:04.30L	T # 5	Women 50 Back	LSJL	17	---	---
1:14.35L	T # 13	Women 50 Breast	LSJL	21	---	---
1:00.87L	T # 17	Women 50 Free	LSJL	21	---	---

Individual Meet Results

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Location: Aquarena

Time	F/P/S	Event		Place	Points	Improv
Sullivan, Jane (11) W						
2:08.07L	T # 7	Women 100 Breast	SJL	13	---	---
58.91L	T # 13	Women 50 Breast	SJL	13	---	-1.76
45.81L	T # 17	Women 50 Free	SJL	13	---	-1.99
Thoms, Nicky (11) M						
51.09L	T # 6	Men 50 Back	SJL	5	---	-0.32
1:57.19L	T # 12	Men 100 Back	SJL	5	---	-4.05
Tiller, Stephen (11) M						
3:15.79L	T # 10	Men 200 Free	SJL	6	---	---
3:48.44L	DQ T # 19	Mixed 200 Back	SJL	---	---	---
Tremblett, Beth (10) W						
45.88L	T # 1	Women 50 Fly	SJL	10	---	-3.48
50.93L	T # 13	Women 50 Breast	SJL	9	---	-1.92
3:29.89L	T # 25	Women 200 IM	SJL	4	---	-11.08
Tremblett, Sarah (15) W						
34.78L	T # 1	Women 50 Fly	SJL	3	---	0.28
38.27L	T # 5	Women 50 Back	SJL	2	---	-0.76
43.48L	T # 13	Women 50 Breast	SJL	4	---	0.98
31.06L	T # 17	Women 50 Free	SJL	1	---	1.56
Tremblett, Victoria (15) W						
34.95L	T # 1	Women 50 Fly	SJL	4	---	-1.96
2:28.90L	T # 9	Women 200 Free	SJL	1	---	-2.08
40.19L	T # 13	Women 50 Breast	SJL	1	---	-2.09
NS	T # 25	Women 200 IM	SJL	---	---	---
Twells, Amelia (9) W						
1:44.63L	T # 3	Women 100 Free	SJL	11	---	2.47
4:13.89L	T # 21	Women 200 Breast	SJL	4	---	---
Twells, Jack (11) M						
46.54L	T # 2	Men 50 Fly	SJL	7	---	4.45
36.31L	T # 18	Men 50 Free	SJL	11	---	0.47
Twells, Louise (13) W						
1:41.59L	T # 7	Women 100 Breast	SJL	7	---	0.58
2:55.87L	T # 9	Women 200 Free	SJL	4	---	2.82
NS	T # 25	Women 200 IM	SJL	---	---	---
Vardy, Katie (12) W						
3:03.60L	T # 9	Women 200 Free	MPM	8	---	5.30
3:46.38L	T # 25	Women 200 IM	MPM	11	---	0.42
Wheeler-Scott, Amelia (13) W						
1:14.17L	T # 3	Women 100 Free	SJL	1	---	1.89
NS	T # 9	Women 200 Free	SJL	---	---	---
1:24.00L	T # 11	Women 100 Back	SJL	2	---	2.24
NS	T # 25	Women 200 IM	SJL	---	---	---
Wheeler-Scott, Erin (11) W						
3:23.29L	T # 9	Women 200 Free	SJL	10	---	-4.23
3:48.52L	T # 25	Women 200 IM	SJL	13	---	---
Whelan, Maggie (11) W						
1:15.33L	T # 3	Women 100 Free	SJL	3	---	0.13

Individual Meet Results

SJL May 9 LC TTrial 09-May-09 LC Meters
Location: Aquarena

Time	F/P/S	Event		Place	Points	Improv
1:09.66L	T # 13	Women 50 Breast	SJL	17	---	23.74
3:06.95L	T # 25	Women 200 IM	SJL	1	---	2.67
Whelan, Marcella (7) W						
1:06.43L	T # 5	Women 50 Back	LSJL	20	---	---
1:00.15L	T # 13	Women 50 Breast	LSJL	15	---	---
59.90L	T # 17	Women 50 Free	LSJL	19	---	---
Whelan, Martin (14) M						
1:03.67L	T # 4	Men 100 Free	SJL	1	---	-11.43
2:19.07L	T # 10	Men 200 Free	SJL	1	---	3.88
2:45.94L	T # 19	Mixed 200 Back	SJL	1	---	-6.64
Wilson, Abby (8) W						
56.67L	T # 5	Women 50 Back	LSJL	12	---	---
1:13.16L DQ	T # 13	Women 50 Breast	LSJL	---	---	---
1:01.35L	T # 17	Women 50 Free	LSJL	23	---	---
Wilson, Molly (10) W						
3:24.99L	T # 9	Women 200 Free	SJL	11	---	5.58
3:48.19L	T # 25	Women 200 IM	SJL	12	---	0.48
Wilson, Nathan (15) M						
33.62L	T # 18	Men 50 Free	SJL	10	---	-0.25
3:14.22L	T # 22	Men 200 Breast	SJL	4	---	-5.19