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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

Time	F/P/S	Event	Place	Points	Improv
<b>Adey, Sophia (10) W</b>					
NS	P # 5A	Women 12 & Under 100 Breast	---	---	---
3:41.21L	P # 19A	Women 12 & Under 200 Breast	10	---	-2.62
3:42.17L	P # 27A	Women 12 & Under 200 IM	31	---	4.42
48.95L	P # 33A	Women 12 & Under 50 Breast	12	---	1.79
<b>Albrechtsons, Hannah (17) W</b>					
36.35L	F # 13C	Women 15 & Over 50 Back	2	2	0.06
36.64L	P # 13C	Women 15 & Over 50 Back	3	---	0.35
31.15L	P # 15C	Women 15 & Over 50 Free	5	---	-0.46
31.53L	F # 15C	Women 15 & Over 50 Free	5	---	-0.08
1:15.65L	F # 17C	Women 15 & Over 100 Fly	4	---	-0.46
1:15.79L	P # 17C	Women 15 & Over 100 Fly	4	---	-0.32
3:14.91L	P # 19C	Women 15 & Over 200 Breast	2	---	-4.88
3:20.09L	F # 19C	Women 15 & Over 200 Breast	5	---	0.30
2:48.43L	F # 27C	Women 15 & Over 200 IM	4	---	-0.65
2:49.38L	P # 27C	Women 15 & Over 200 IM	6	---	0.30
2:57.58L	F # 31C	Women 15 & Over 200 Fly	2	2	-7.04
3:01.37L	P # 31C	Women 15 & Over 200 Fly	2	---	-3.25
<b>Avis, Jillian (15) W</b>					
1:21.55L	P # 1C	Women 15 & Over 100 Free	27	---	-2.24
35.93L	P # 15C	Women 15 & Over 50 Free	22	---	0.66
4:16.74L	P # 19C	Women 15 & Over 200 Breast	12	---	---
2:56.91L	F # 35C	Women 15 & Over 200 Free	14	---	-8.59
3:03.31L	P # 35C	Women 15 & Over 200 Free	20	---	-2.19
<b>Avis, Matthew (18) M</b>					
1:01.01L	F # 2C	Men 15 & Over 100 Free	7	---	1.22
1:04.27L	P # 2C	Men 15 & Over 100 Free	9	---	4.48
35.96L	P # 14C	Men 15 & Over 50 Back	9	---	0.57
28.10L	F # 16C	Men 15 & Over 50 Free	9	---	0.99
28.89L	P # 16C	Men 15 & Over 50 Free	10	---	1.78
5:54.48L	P # 22C	Men 15 & Over 400 IM	14	---	---
11:03.78L	F # 23F	Men 15 & Over 800 Free	13	---	---
2:43.27L	F # 28C	Men 15 & Over 200 IM	14	---	-2.89
2:43.76L	P # 28C	Men 15 & Over 200 IM	14	---	-2.40
2:21.57L	P # 36C	Men 15 & Over 200 Free	17	---	8.82
2:23.29L	F # 36C	Men 15 & Over 200 Free	16	---	10.54
<b>Baird, Elizabeth (16) W</b>					
1:16.08L	P # 1C	Women 15 & Over 100 Free	18	---	---
6:11.61L	P # 7C	Women 15 & Over 400 Free	10	---	-53.44
41.07L	P # 9C	Women 15 & Over 50 Fly	21	---	0.60
43.10L	P # 13C	Women 15 & Over 50 Back	15	---	-0.27
43.19L	F # 13C	Women 15 & Over 50 Back	16	---	-0.18
34.84L	P # 15C	Women 15 & Over 50 Free	20	---	0.56
3:13.23L	P # 27C	Women 15 & Over 200 IM	21	---	-0.64
2:55.29L	P # 35C	Women 15 & Over 200 Free	18	---	2.20

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Time	F/P/S	Event	Place	Points	Improv
<b>Bennett, Tim (18) M</b>					
2:28.49L	P # 4C	Men 15 & Over 200 Back	3	---	-2.73
2:30.13L	F # 4C	Men 15 & Over 200 Back	2	2	-1.09
1:08.13L	F # 12C	400 Medley Relay Lead Off	---	---	-1.10
31.92L DQ	P # 14C	Men 15 & Over 50 Back	---	---	---
5:37.40L	F # 22C	Men 15 & Over 400 IM	7	---	---
5:38.62L	P # 22C	Men 15 & Over 400 IM	8	---	---
10:10.45L	F # 23F	Men 15 & Over 800 Free	8	---	-0.41
2:37.16L	P # 28C	Men 15 & Over 200 IM	10	---	-3.68
2:38.72L	F # 28C	Men 15 & Over 200 IM	12	---	-2.12
1:07.30L	F # 30C	Men 15 & Over 100 Back	1	5	-1.93
1:08.34L	P # 30C	Men 15 & Over 100 Back	2	---	-0.89
2:17.72L	P # 36C	Men 15 & Over 200 Free	13	---	-0.26
2:19.55L	F # 36C	Men 15 & Over 200 Free	14	---	1.57
<b>Brown, Cori (16) W</b>					
1:13.92L	P # 1C	Women 15 & Over 100 Free	14	---	0.79
1:14.86L	F # 1C	Women 15 & Over 100 Free	15	---	1.73
3:09.88L	P # 3C	Women 15 & Over 200 Back	9	---	9.91
1:40.74L	P # 5C	Women 15 & Over 100 Breast	14	---	3.15
5:49.58L	F # 7C	Women 15 & Over 400 Free	8	---	-12.66
5:56.95L	P # 7C	Women 15 & Over 400 Free	8	---	-5.29
38.54L	P # 9C	Women 15 & Over 50 Fly	18	---	0.62
<b>Brown, Davin (12) M</b>					
1:16.68L	F # 2A	Men 12 & Under 100 Free	5	---	---
1:18.40L	P # 2A	Men 12 & Under 100 Free	5	---	---
38.25L	P # 10A	Men 12 & Under 50 Fly	1	---	1.32
39.50L	F # 10A	Men 12 & Under 50 Fly	2	2	2.57
41.00L	P # 14A	Men 12 & Under 50 Back	4	---	0.55
41.85L	F # 14A	Men 12 & Under 50 Back	4	---	1.40
33.87L	F # 16A	Men 12 & Under 50 Free	5	---	0.10
34.55L	P # 16A	Men 12 & Under 50 Free	5	---	0.78
3:08.78L	F # 28A	Men 12 & Under 200 IM	4	---	---
3:14.82L	P # 28A	Men 12 & Under 200 IM	6	---	---
1:31.64L	P # 30A	Men 12 & Under 100 Back	3	---	---
1:32.32L	F # 30A	Men 12 & Under 100 Back	3	1	---
2:50.31L	F # 36A	Men 12 & Under 200 Free	6	---	2.62
2:53.85L	P # 36A	Men 12 & Under 200 Free	8	---	6.16
<b>Brown, Emily (11) W</b>					
6:48.21L	P # 7A	Women 12 & Under 400 Free	17	---	-85.77
46.50L	P # 13A	Women 12 & Under 50 Back	11	---	1.89
39.12L	P # 15A	Women 12 & Under 50 Free	32	---	1.17
3:49.24L	P # 19A	Women 12 & Under 200 Breast	17	---	-33.39
3:32.30L	P # 27A	Women 12 & Under 200 IM	27	---	-0.54
53.08L	P # 33A	Women 12 & Under 50 Breast	17	---	0.11
3:18.00L	P # 35A	Women 12 & Under 200 Free	31	---	5.65

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Time	F/P/S	Event	Place	Points	Improv
<b>Buckingham, Aaron (16) M</b>					
58.56L	F # 2C	Men 15 & Over 100 Free	3	1	-0.06
59.56L	P # 2C	Men 15 & Over 100 Free	3	---	0.94
28.50L	F # 10C	Men 15 & Over 50 Fly	3	1	-0.98
29.24L	P # 10C	Men 15 & Over 50 Fly	3	---	-0.24
X 1:14.75L	F # 12C	400 Medley Relay Lead Off	---	---	4.11
25.71L	F # 16C	Men 15 & Over 50 Free	2	2	-0.93
26.52L	P # 16C	Men 15 & Over 50 Free	2	---	-0.12
5:46.53L	P # 22C	Men 15 & Over 400 IM	11	---	-35.69
10:24.21L	F # 23F	Men 15 & Over 800 Free	9	---	-56.94
57.20L	F # 26C	400 Free Relay Lead Off	---	---	-1.42
2:34.38L	P # 28C	Men 15 & Over 200 IM	6	---	-5.04
2:35.81L	F # 28C	Men 15 & Over 200 IM	7	---	-3.61
2:10.23L	F # 36C	Men 15 & Over 200 Free	4	---	-5.25
2:14.78L	P # 36C	Men 15 & Over 200 Free	6	---	-0.70
<b>Cowley, Iain (14) M</b>					
NS	P # 2B	Men 13-14 100 Free	---	---	---
NS	P # 6B	Men 13-14 100 Breast	---	---	---
NS	P # 14B	Men 13-14 50 Back	---	---	---
NS	P # 16B	Men 13-14 50 Free	---	---	---
NS	P # 28B	Men 13-14 200 IM	---	---	---
NS	P # 30B	Men 13-14 100 Back	---	---	---
NS	P # 36B	Men 13-14 200 Free	---	---	---
<b>Daly, Declan (12) M</b>					
1:23.39L	P # 2A	Men 12 & Under 100 Free	10	---	3.11
1:38.40L	F # 6A	Men 12 & Under 100 Breast	3	1	-12.37
1:46.37L	P # 6A	Men 12 & Under 100 Breast	5	---	-4.40
6:02.84L	F # 8A	Men 12 & Under 400 Free	6	---	---
6:12.57L	P # 8A	Men 12 & Under 400 Free	6	---	---
35.92L	P # 16A	Men 12 & Under 50 Free	9	---	-0.90
3:50.94L	P # 20A	Men 12 & Under 200 Breast	10	---	2.69
3:13.49L	P # 28A	Men 12 & Under 200 IM	4	---	-1.95
3:15.07L	F # 28A	Men 12 & Under 200 IM	7	---	-0.37
2:52.47L	P # 36A	Men 12 & Under 200 Free	6	---	-5.47
2:53.14L	F # 36A	Men 12 & Under 200 Free	8	---	-4.80
<b>Daly, Erin (19) W</b>					
1:26.14L	F # 5C	Women 15 & Over 100 Breast	2	2	1.64
1:27.68L	P # 5C	Women 15 & Over 100 Breast	2	---	3.18
5:37.61L	F # 7C	Women 15 & Over 400 Free	7	---	---
5:46.52L	P # 7C	Women 15 & Over 400 Free	7	---	---
3:13.72L	F # 19C	Women 15 & Over 200 Breast	3	1	5.40
3:16.09L	P # 19C	Women 15 & Over 200 Breast	4	---	7.77
6:19.55L	P # 21C	Women 15 & Over 400 IM	11	---	---
6:20.91L	F # 21C	Women 15 & Over 400 IM	10	---	---
2:56.26L	F # 27C	Women 15 & Over 200 IM	12	---	0.37

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
2:58.33L	P # 27C	Women 15 & Over 200 IM	13	---	2.44
38.57L	F # 33C	Women 15 & Over 50 Breast	1	5	1.88
38.78L	P # 33C	Women 15 & Over 50 Breast	1	---	2.09
2:38.93L	F # 35C	Women 15 & Over 200 Free	10	---	2.66
2:43.39L	P # 35C	Women 15 & Over 200 Free	14	---	7.12
<b>Daly, Kathleen (12) W</b>					
1:26.14L	P # 1A	Women 12 & Under 100 Free	24	---	3.48
1:43.18L	P # 5A	Women 12 & Under 100 Breast	10	---	3.44
6:46.03L	P # 7A	Women 12 & Under 400 Free	16	---	---
37.01L	P # 15A	Women 12 & Under 50 Free	22	---	-0.72
3:44.04L	P # 19A	Women 12 & Under 200 Breast	11	---	---
3:23.68L	P # 27A	Women 12 & Under 200 IM	20	---	-25.77
3:03.15L	P # 35A	Women 12 & Under 200 Free	21	---	-2.02
<b>Daly, Owen (13) M</b>					
58.63L	P # 2B	Men 13-14 100 Free	1	---	-0.34
58.79L	F # 2B	Men 13-14 100 Free	1	5	-0.18
29.60L	P # 10B	Men 13-14 50 Fly	1	---	-0.86
29.93L	F # 10B	Men 13-14 50 Fly	1	5	-0.53
1:11.05L	F # 12B	400 Medley Relay Lead Off	---	---	1.28
1:04.91L	F # 18B	Men 13-14 100 Fly	1	5	-8.90
1:06.85L	P # 18B	Men 13-14 100 Fly	1	---	-6.96
5:14.03L	F # 22B	Men 13-14 400 IM	1	5	-47.85
5:21.39L	P # 22B	Men 13-14 400 IM	1	---	-40.49
9:23.05L	F # 23D	Men 13-14 800 Free	1	5	---
2:27.84L	F # 28B	Men 13-14 200 IM	1	5	-11.02
2:28.87L	P # 28B	Men 13-14 200 IM	1	---	-9.99
2:06.17L	F # 36B	Men 13-14 200 Free	1	5	-0.56
2:07.48L	P # 36B	Men 13-14 200 Free	1	---	0.75
<b>Dornan, Emma (11) W</b>					
1:10.29L	F # 1A	Women 12 & Under 100 Free	4	---	-1.93
1:14.78L	P # 1A	Women 12 & Under 100 Free	8	---	2.56
5:58.43L	P # 7A	Women 12 & Under 400 Free	9	---	-23.53
35.36L	F # 9A	Women 12 & Under 50 Fly	3	1	-0.94
37.27L	P # 9A	Women 12 & Under 50 Fly	4	---	0.97
32.22L	F # 15A	Women 12 & Under 50 Free	1	5	-0.69
33.34L	P # 15A	Women 12 & Under 50 Free	4	---	0.43
6:32.11L	F # 21A	Women 12 & Under 400 IM	4	---	-12.50
6:39.56L	P # 21A	Women 12 & Under 400 IM	4	---	-5.05
1:13.96L	F # 25A	400 Free Relay Lead Off	---	---	1.74
3:04.19L	F # 27A	Women 12 & Under 200 IM	5	---	-5.94
3:05.31L	P # 27A	Women 12 & Under 200 IM	5	---	-4.82
2:43.50L	F # 35A	Women 12 & Under 200 Free	5	---	2.15
2:44.95L	P # 35A	Women 12 & Under 200 Free	6	---	3.60
<b>Dunn, Chris (13) M</b>					
1:23.78L	P # 2B	Men 13-14 100 Free	18	---	4.03

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Time	F/P/S	Event	Place	Points	Improv
1:33.70L	P # 6B	Men 13-14 100 Breast	8	---	-3.84
1:34.51L	F # 6B	Men 13-14 100 Breast	8	---	-3.03
39.44L	P # 10B	Men 13-14 50 Fly	12	---	0.18
NS	P # 18B	Men 13-14 100 Fly	---	---	---
NS	P # 20B	Men 13-14 200 Breast	---	---	---
3:10.59L	P # 28B	Men 13-14 200 IM	16	---	-4.81
42.18L	F # 34B	Men 13-14 50 Breast	5	---	-1.24
42.53L	P # 34B	Men 13-14 50 Breast	6	---	-0.89
<b>Engelbrecht, Reniel (15) M</b>					
2:36.79L	P # 4C	Men 15 & Over 200 Back	9	---	-0.30
32.84L	F # 14C	Men 15 & Over 50 Back	5	---	-0.07
32.94L	P # 14C	Men 15 & Over 50 Back	4	---	0.03
1:05.06L	F # 18C	Men 15 & Over 100 Fly	3	1	-0.17
1:06.65L	P # 18C	Men 15 & Over 100 Fly	4	---	1.42
5:42.48L	P # 22C	Men 15 & Over 400 IM	10	---	13.59
10:30.32L	F # 23F	Men 15 & Over 800 Free	11	---	-14.59
2:36.03L	P # 28C	Men 15 & Over 200 IM	7	---	4.84
2:39.08L	F # 28C	Men 15 & Over 200 IM	8	---	7.89
2:18.37L	P # 36C	Men 15 & Over 200 Free	14	---	2.31
2:19.50L	F # 36C	Men 15 & Over 200 Free	13	---	3.44
<b>Ferguson-O'Brien, Walter (11) M</b>					
1:20.41L	F # 2A	Men 12 & Under 100 Free	7	---	-3.29
1:21.22L	P # 2A	Men 12 & Under 100 Free	7	---	-2.48
6:15.08L	F # 8A	Men 12 & Under 400 Free	7	---	---
6:18.08L	P # 8A	Men 12 & Under 400 Free	8	---	---
44.28L	F # 14A	Men 12 & Under 50 Back	5	---	-0.39
45.14L	P # 14A	Men 12 & Under 50 Back	6	---	0.47
36.67L	P # 16A	Men 12 & Under 50 Free	14	---	-0.67
3:20.24L	F # 28A	Men 12 & Under 200 IM	8	---	-4.29
3:22.93L	P # 28A	Men 12 & Under 200 IM	8	---	-1.60
1:38.80L	P # 30A	Men 12 & Under 100 Back	5	---	---
1:39.16L	F # 30A	Men 12 & Under 100 Back	5	---	---
2:59.11L	P # 36A	Men 12 & Under 200 Free	11	---	-1.13
1:38.03L	F # 39A	200 Medley Relay Lead Off	---	---	53.36
<b>Flynn, Amanda (15) W</b>					
1:16.98L	P # 1C	Women 15 & Over 100 Free	19	---	-1.70
1:39.59L	P # 5C	Women 15 & Over 100 Breast	12	---	5.31
38.28L	P # 9C	Women 15 & Over 50 Fly	17	---	1.86
40.79L	P # 13C	Women 15 & Over 50 Back	11	---	-1.28
40.92L	F # 13C	Women 15 & Over 50 Back	11	---	-1.15
3:22.99L	F # 19C	Women 15 & Over 200 Breast	6	---	3.99
3:26.75L	P # 19C	Women 15 & Over 200 Breast	6	---	7.75
3:02.45L	F # 27C	Women 15 & Over 200 IM	14	---	2.48
3:03.25L	P # 27C	Women 15 & Over 200 IM	15	---	3.28
43.82L	P # 33C	Women 15 & Over 50 Breast	10	---	0.71

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Flynn, Amy (13) W</b>					
1:13.15L	F # 1B	Women 13-14 100 Free	6	---	-1.31
1:15.01L	P # 1B	Women 13-14 100 Free	6	---	0.55
5:43.43L	F # 7B	Women 13-14 400 Free	5	---	-3.55
5:53.96L	P # 7B	Women 13-14 400 Free	6	---	6.98
39.14L	F # 13B	Women 13-14 50 Back	4	---	-0.92
39.77L	P # 13B	Women 13-14 50 Back	3	---	-0.29
1:20.62L	F # 17B	Women 13-14 100 Fly	2	2	---
1:31.34L	P # 17B	Women 13-14 100 Fly	3	---	---
12:08.46L	F # 23C	Women 13-14 800 Free	5	---	-105.79
3:04.98L	F # 31B	Women 13-14 200 Fly	1	5	---
3:21.80L	P # 31B	Women 13-14 200 Fly	2	---	---
2:40.81L	F # 35B	Women 13-14 200 Free	4	---	0.75
2:43.75L	P # 35B	Women 13-14 200 Free	4	---	3.69
<b>Fontaine, Daniel (15) M</b>					
1:07.05L	F # 2C	Men 15 & Over 100 Free	12	---	-6.04
1:07.25L	P # 2C	Men 15 & Over 100 Free	12	---	-5.84
1:26.92L	F # 6C	Men 15 & Over 100 Breast	8	---	1.23
1:27.18L	P # 6C	Men 15 & Over 100 Breast	8	---	1.49
33.12L	F # 10C	Men 15 & Over 50 Fly	13	---	-2.37
33.57L	P # 10C	Men 15 & Over 50 Fly	14	---	-1.92
29.27L	F # 16C	Men 15 & Over 50 Free	12	---	0.28
29.44L	P # 16C	Men 15 & Over 50 Free	13	---	0.45
3:10.13L	F # 20C	Men 15 & Over 200 Breast	5	---	-7.61
3:11.70L	P # 20C	Men 15 & Over 200 Breast	5	---	-6.04
2:55.03L	P # 28C	Men 15 & Over 200 IM	21	---	-24.92
39.16L	F # 34C	Men 15 & Over 50 Breast	5	---	0.28
39.29L	P # 34C	Men 15 & Over 50 Breast	5	---	0.41
<b>Foster, Brett (20) M</b>					
4:44.38L	F # 8C	Men 15 & Over 400 Free	1	5	-9.34
4:48.63L	P # 8C	Men 15 & Over 400 Free	3	---	-5.09
29.55L	F # 10C	Men 15 & Over 50 Fly	8	---	0.12
30.30L	P # 10C	Men 15 & Over 50 Fly	7	---	0.87
28.00L	P # 16C	Men 15 & Over 50 Free	5	---	1.00
28.27L	F # 16C	Men 15 & Over 50 Free	7	---	1.27
1:06.33L	P # 18C	Men 15 & Over 100 Fly	3	---	0.94
1:06.83L	F # 18C	Men 15 & Over 100 Fly	5	---	1.44
5:38.60L	P # 22C	Men 15 & Over 400 IM	7	---	---
5:40.73L	F # 22C	Men 15 & Over 400 IM	8	---	---
1:00.39L	F # 26C	400 Free Relay Lead Off	---	---	-0.04
2:34.62L	F # 28C	Men 15 & Over 200 IM	10	---	-0.57
2:36.50L	P # 28C	Men 15 & Over 200 IM	9	---	1.31
2:17.41L	P # 36C	Men 15 & Over 200 Free	12	---	3.24
2:18.28L	F # 36C	Men 15 & Over 200 Free	12	---	4.11

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Time	F/P/S	Event	Place	Points	Improv
<b>Froude, Allison (11) W</b>					
1:26.05L	P # 1A	Women 12 & Under 100 Free	23	---	-1.04
1:49.21L	P # 5A	Women 12 & Under 100 Breast	16	---	-1.68
X 28.53L	F # 11A	400 Medley Relay Lead Off	---	---	-85.95
37.10L	P # 15A	Women 12 & Under 50 Free	23	---	-2.88
3:48.49L	P # 19A	Women 12 & Under 200 Breast	16	---	-36.83
3:22.31L	P # 27A	Women 12 & Under 200 IM	19	---	-11.43
1:36.15L	P # 29A	Women 12 & Under 100 Back	10	---	-18.33
3:12.39L	P # 35A	Women 12 & Under 200 Free	27	---	-9.50
<b>Froude, Leo (14) M</b>					
1:05.13L	P # 2B	Men 13-14 100 Free	9	---	0.09
2:32.44L	F # 4B	Men 13-14 200 Back	2	2	-8.38
2:33.40L	P # 4B	Men 13-14 200 Back	2	---	-7.42
1:11.47L	F # 18B	Men 13-14 100 Fly	3	1	-4.16
1:15.52L	P # 18B	Men 13-14 100 Fly	3	---	-0.11
5:25.51L	F # 22B	Men 13-14 400 IM	4	---	-5.12
5:27.39L	P # 22B	Men 13-14 400 IM	4	---	-3.24
2:31.74L	F # 28B	Men 13-14 200 IM	3	1	-6.63
2:36.45L	P # 28B	Men 13-14 200 IM	5	---	-1.92
2:43.55L	F # 32B	Men 13-14 200 Fly	1	5	-3.11
2:55.73L	P # 32B	Men 13-14 200 Fly	2	---	9.07
2:17.63L	P # 36B	Men 13-14 200 Free	3	---	-5.24
2:20.58L	F # 36B	Men 13-14 200 Free	5	---	-2.29
<b>Gillespie, Jenny (10) W</b>					
1:52.27L	P # 5A	Women 12 & Under 100 Breast	19	---	---
4:00.13L	P # 19A	Women 12 & Under 200 Breast	19	---	---
3:57.11L	P # 27A	Women 12 & Under 200 IM	33	---	---
52.49L	P # 33A	Women 12 & Under 50 Breast	16	---	---
<b>Gillespie, Katie (12) W</b>					
1:10.13L	F # 1A	Women 12 & Under 100 Free	3	1	-12.03
1:12.20L	P # 1A	Women 12 & Under 100 Free	1	---	-9.96
1:29.16L	F # 5A	Women 12 & Under 100 Breast	1	5	-0.67
1:30.18L	P # 5A	Women 12 & Under 100 Breast	1	---	0.35
35.32L	F # 9A	Women 12 & Under 50 Fly	2	2	-3.20
35.90L	P # 9A	Women 12 & Under 50 Fly	2	---	-2.62
32.93L	P # 15A	Women 12 & Under 50 Free	2	---	-1.07
32.51L DQ	F # 15A	Women 12 & Under 50 Free	---	---	---
3:11.60L	F # 19A	Women 12 & Under 200 Breast	1	5	0.18
3:16.19L	P # 19A	Women 12 & Under 200 Breast	1	---	4.77
2:50.35L	F # 27A	Women 12 & Under 200 IM	1	5	-11.74
2:58.70L	P # 27A	Women 12 & Under 200 IM	1	---	-3.39
41.04L	F # 33A	Women 12 & Under 50 Breast	1	5	1.12
41.17L	P # 33A	Women 12 & Under 50 Breast	1	---	1.25
<b>Gregory, Peter (15) M</b>					
2:30.94L	F # 4C	Men 15 & Over 200 Back	3	1	-6.38

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

Time	F/P/S	Event	Place	Points	Improv
2:35.82L	P # 4C	Men 15 & Over 200 Back	7	---	-1.50
4:53.16L	F # 8C	Men 15 & Over 400 Free	3	1	-13.37
4:56.67L	P # 8C	Men 15 & Over 400 Free	4	---	-9.86
32.86L	F # 14C	Men 15 & Over 50 Back	6	---	-0.78
33.89L	P # 14C	Men 15 & Over 50 Back	6	---	0.25
29.03L	P # 16C	Men 15 & Over 50 Free	11	---	-0.25
29.36L	F # 16C	Men 15 & Over 50 Free	13	---	0.08
1:20.19L	P # 18C	Men 15 & Over 100 Fly	12	---	4.32
1:10.41L	F # 30C	Men 15 & Over 100 Back	5	---	-2.03
1:11.97L	P # 30C	Men 15 & Over 100 Back	5	---	-0.47
2:19.66L	F # 36C	Men 15 & Over 200 Free	15	---	-3.32
2:21.45L	P # 36C	Men 15 & Over 200 Free	16	---	-1.53
X 1:13.90L	F # 39C	200 Medley Relay Lead Off	---	---	40.26
<b>Hanna-Quinn, Sonja (13) W</b>					
3:12.31L	P # 3B	Women 13-14 200 Back	4	---	-1.89
3:14.65L	F # 3B	Women 13-14 200 Back	4	---	0.45
6:25.64L	P # 7B	Women 13-14 400 Free	9	---	---
6:27.64L	F # 7B	Women 13-14 400 Free	7	---	---
41.62L	F # 13B	Women 13-14 50 Back	8	---	-0.79
42.08L	P # 13B	Women 13-14 50 Back	7	---	-0.33
37.75L	P # 15B	Women 13-14 50 Free	11	---	-0.44
3:23.86L	P # 27B	Women 13-14 200 IM	6	---	-2.88
3:27.22L	F # 27B	Women 13-14 200 IM	5	---	0.48
1:31.63L	F # 29B	Women 13-14 100 Back	8	---	1.91
1:31.72L	P # 29B	Women 13-14 100 Back	8	---	2.00
3:02.69L	P # 35B	Women 13-14 200 Free	8	---	-3.02
3:03.88L	F # 35B	Women 13-14 200 Free	8	---	-1.83
X 1:27.49L	F # 38C	200 Medley Relay Lead Off	---	---	45.08
<b>Hickman, Caroline (11) W</b>					
1:32.99L	F # 5A	Women 12 & Under 100 Breast	3	1	-8.29
1:35.79L	P # 5A	Women 12 & Under 100 Breast	4	---	-5.49
42.42L	P # 9A	Women 12 & Under 50 Fly	10	---	-1.44
34.23L	P # 15A	Women 12 & Under 50 Free	10	---	-1.64
3:25.03L	F # 19A	Women 12 & Under 200 Breast	5	---	-17.58
3:30.60L	P # 19A	Women 12 & Under 200 Breast	4	---	-12.01
3:19.23L	P # 27A	Women 12 & Under 200 IM	14	---	---
42.68L	F # 33A	Women 12 & Under 50 Breast	3	1	-2.14
43.17L	P # 33A	Women 12 & Under 50 Breast	3	---	-1.65
3:04.17L	P # 35A	Women 12 & Under 200 Free	22	---	-8.65
<b>Innes, Emily (16) W</b>					
1:34.07L	F # 5C	Women 15 & Over 100 Breast	6	---	-1.70
1:35.97L	P # 5C	Women 15 & Over 100 Breast	8	---	0.20
33.05L	F # 9C	Women 15 & Over 50 Fly	4	---	0.95
33.25L	P # 9C	Women 15 & Over 50 Fly	4	---	1.15
32.90L	P # 15C	Women 15 & Over 50 Free	11	---	1.50

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

Time	F/P/S	Event	Place	Points	Improv
33.76L	F # 15C	Women 15 & Over 50 Free	13	---	2.36
1:15.17L	F # 17C	Women 15 & Over 100 Fly	3	1	2.77
1:15.53L	P # 17C	Women 15 & Over 100 Fly	3	---	3.13
NS	P # 21C	Women 15 & Over 400 IM	---	---	---
2:51.64L	F # 31C	Women 15 & Over 200 Fly	1	5	4.38
2:55.12L	P # 31C	Women 15 & Over 200 Fly	1	---	7.86
42.69L	F # 33C	Women 15 & Over 50 Breast	6	---	-1.07
43.01L	P # 33C	Women 15 & Over 50 Breast	5	---	-0.75
<b>Innes, Peter (16) M</b>					
1:07.30L	F # 2C	Men 15 & Over 100 Free	13	---	0.29
1:07.79L	P # 2C	Men 15 & Over 100 Free	14	---	0.78
5:38.71L	P # 8C	Men 15 & Over 400 Free	10	---	-7.24
X 1:23.48L	F # 12C	400 Medley Relay Lead Off	---	---	-3.44
37.53L	P # 14C	Men 15 & Over 50 Back	12	---	0.73
30.58L	P # 16C	Men 15 & Over 50 Free	18	---	0.32
2:57.79L	P # 28C	Men 15 & Over 200 IM	22	---	-15.41
1:22.17L	P # 30C	Men 15 & Over 100 Back	9	---	-4.75
2:35.13L	P # 36C	Men 15 & Over 200 Free	24	---	6.56
<b>Innes, Stefan (16) M</b>					
NS	P # 2C	Men 15 & Over 100 Free	---	---	---
NS	P # 6C	Men 15 & Over 100 Breast	---	---	---
39.07L	P # 14C	Men 15 & Over 50 Back	14	---	0.15
31.74L	P # 16C	Men 15 & Over 50 Free	20	---	0.21
1:24.27L	P # 30C	Men 15 & Over 100 Back	10	---	-6.28
40.50L	F # 34C	Men 15 & Over 50 Breast	7	---	-3.94
41.73L	P # 34C	Men 15 & Over 50 Breast	10	---	-2.71
2:40.88L	P # 36C	Men 15 & Over 200 Free	25	---	0.25
<b>Janes-Green, Miya (17) W</b>					
NS	P # 1C	Women 15 & Over 100 Free	---	---	---
NS	P # 3C	Women 15 & Over 200 Back	---	---	---
NS	P # 7C	Women 15 & Over 400 Free	---	---	---
NS	P # 13C	Women 15 & Over 50 Back	---	---	---
NS	P # 15C	Women 15 & Over 50 Free	---	---	---
NS	P # 29C	Women 15 & Over 100 Back	---	---	---
NS	P # 35C	Women 15 & Over 200 Free	---	---	---
<b>Leake, Roy (13) M</b>					
1:10.27L	P # 2B	Men 13-14 100 Free	11	---	-11.09
1:25.23L	F # 6B	Men 13-14 100 Breast	4	---	-5.23
1:29.35L	P # 6B	Men 13-14 100 Breast	5	---	-1.11
36.05L	P # 10B	Men 13-14 50 Fly	10	---	-2.46
X 1:28.64L	F # 12B	400 Medley Relay Lead Off	---	---	-13.53
30.54L	F # 16B	Men 13-14 50 Free	7	---	-4.38
31.25L	P # 16B	Men 13-14 50 Free	8	---	-3.67
3:07.09L	F # 20B	Men 13-14 200 Breast	4	---	-4.18
3:11.84L	P # 20B	Men 13-14 200 Breast	5	---	0.57

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters****Location: Aquarena St. John's, NL****St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
2:57.77L	DQ P # 28B	Men 13-14 200 IM	---	---	---
37.89L	F # 34B	Men 13-14 50 Breast	3	1	-4.58
38.83L	P # 34B	Men 13-14 50 Breast	4	---	-3.64
<b>MACKAY, Meg (11) W</b>					
1:20.73L	P # 1A	Women 12 & Under 100 Free	17	---	3.39
NS	P # 5A	Women 12 & Under 100 Breast	---	---	---
5:40.70L	P # 7A	Women 12 & Under 400 Free	3	---	-26.75
5:42.16L	F # 7A	Women 12 & Under 400 Free	4	---	-25.29
35.86L	P # 15A	Women 12 & Under 50 Free	14	---	-0.02
6:42.68L	F # 21A	Women 12 & Under 400 IM	5	---	-33.67
6:55.86L	P # 21A	Women 12 & Under 400 IM	7	---	-20.49
3:18.31L	P # 27A	Women 12 & Under 200 IM	13	---	6.90
2:40.29L	F # 35A	Women 12 & Under 200 Free	3	1	-0.76
2:42.12L	P # 35A	Women 12 & Under 200 Free	3	---	1.07
<b>MACKAY, Victoria (14) W</b>					
1:08.82L	F # 1B	Women 13-14 100 Free	3	1	-3.75
1:11.10L	P # 1B	Women 13-14 100 Free	3	---	-1.47
2:55.17L	F # 3B	Women 13-14 200 Back	2	2	-11.08
2:59.04L	P # 3B	Women 13-14 200 Back	2	---	-7.21
31.49L	F # 15B	Women 13-14 50 Free	3	1	-1.85
33.28L	P # 15B	Women 13-14 50 Free	3	---	-0.06
6:16.08L	F # 21B	Women 13-14 400 IM	5	---	-10.76
6:16.23L	P # 21B	Women 13-14 400 IM	5	---	-10.61
2:55.30L	F # 27B	Women 13-14 200 IM	4	---	-7.87
3:00.76L	P # 27B	Women 13-14 200 IM	4	---	-2.41
1:22.59L	F # 29B	Women 13-14 100 Back	2	2	-2.12
1:23.84L	P # 29B	Women 13-14 100 Back	2	---	-0.87
21:10.42L	F # 37C	Women 13-14 1500 Free	3	1	---
1:27.93L	F # 38B	200 Medley Relay Lead Off	---	---	48.51
<b>Marmouche, Chris (11) M</b>					
1:41.23L	F # 6A	Men 12 & Under 100 Breast	5	---	-17.24
1:43.89L	P # 6A	Men 12 & Under 100 Breast	3	---	-14.58
6:25.02L	P # 8A	Men 12 & Under 400 Free	9	---	---
34.82L	F # 16A	Men 12 & Under 50 Free	7	---	-2.27
35.66L	P # 16A	Men 12 & Under 50 Free	8	---	-1.43
3:36.40L	F # 20A	Men 12 & Under 200 Breast	5	---	-5.84
3:42.38L	P # 20A	Men 12 & Under 200 Breast	4	---	0.14
X 1:13.51L	F # 26A	400 Free Relay Lead Off	---	---	-11.24
NS	P # 28A	Men 12 & Under 200 IM	---	---	---
NS	P # 34A	Men 12 & Under 50 Breast	---	---	---
NS	P # 36A	Men 12 & Under 200 Free	---	---	---
<b>Mather, Mike (14) M</b>					
1:00.52L	P # 2B	Men 13-14 100 Free	2	---	-1.74
1:01.30L	F # 2B	Men 13-14 100 Free	3	1	-0.96
1:16.96L	F # 6B	Men 13-14 100 Breast	1	5	-1.12

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

Time	F/P/S	Event	Place	Points	Improv
1:18.41L	P # 6B	Men 13-14 100 Breast	1	---	0.33
30.14L	F # 10B	Men 13-14 50 Fly	3	1	-0.92
30.92L	P # 10B	Men 13-14 50 Fly	4	---	-0.14
28.14L	P # 16B	Men 13-14 50 Free	2	---	0.52
28.28L	F # 16B	Men 13-14 50 Free	2	2	0.66
2:52.62L	F # 20B	Men 13-14 200 Breast	1	5	-5.41
2:54.94L	P # 20B	Men 13-14 200 Breast	1	---	-3.09
34.80L	F # 34B	Men 13-14 50 Breast	1	5	-1.29
35.45L	P # 34B	Men 13-14 50 Breast	1	---	-0.64
2:18.72L	F # 36B	Men 13-14 200 Free	4	---	0.61
2:20.37L	P # 36B	Men 13-14 200 Free	5	---	2.26
<b>Mather, Tim (12) M</b>					
1:48.73L	F # 6A	Men 12 & Under 100 Breast	8	---	1.16
1:48.81L	P # 6A	Men 12 & Under 100 Breast	6	---	1.24
3:50.11L	P # 20A	Men 12 & Under 200 Breast	8	---	3.04
3:50.87L	F # 20A	Men 12 & Under 200 Breast	7	---	3.80
49.65L	P # 34A	Men 12 & Under 50 Breast	5	---	-0.66
49.79L	F # 34A	Men 12 & Under 50 Breast	5	---	-0.52
3:29.79L	P # 36A	Men 12 & Under 200 Free	16	---	12.94
<b>McAleese, Aileen (16) W</b>					
1:23.32L	F # 5C	Women 15 & Over 100 Breast	1	5	-3.38
1:23.96L	P # 5C	Women 15 & Over 100 Breast	1	---	-2.74
5:16.18L	P # 7C	Women 15 & Over 400 Free	3	---	-11.22
5:20.26L	F # 7C	Women 15 & Over 400 Free	4	---	-7.14
3:05.73L	F # 19C	Women 15 & Over 200 Breast	1	5	-3.79
3:06.85L	P # 19C	Women 15 & Over 200 Breast	1	---	-2.67
6:10.01L	F # 21C	Women 15 & Over 400 IM	7	---	-1.28
6:12.39L	P # 21C	Women 15 & Over 400 IM	9	---	1.10
11:17.98L	F # 23E	Women 15 & Over 800 Free	7	---	-13.20
2:44.49L	F # 27C	Women 15 & Over 200 IM	9	---	-8.39
2:53.22L	P # 27C	Women 15 & Over 200 IM	9	---	0.34
39.57L	F # 33C	Women 15 & Over 50 Breast	2	2	0.97
40.31L	P # 33C	Women 15 & Over 50 Breast	2	---	1.71
<b>McKay, Brandon (17) M</b>					
1:14.84L	F # 6C	Men 15 & Over 100 Breast	2	2	1.30
1:16.79L	P # 6C	Men 15 & Over 100 Breast	2	---	3.25
29.15L	F # 10C	Men 15 & Over 50 Fly	5	---	0.61
30.65L	P # 10C	Men 15 & Over 50 Fly	8	---	2.11
1:04.82L	F # 18C	Men 15 & Over 100 Fly	2	2	2.70
1:05.48L	P # 18C	Men 15 & Over 100 Fly	2	---	3.36
5:06.26L	F # 22C	Men 15 & Over 400 IM	1	5	-0.77
5:09.19L	P # 22C	Men 15 & Over 400 IM	1	---	2.16
9:23.80L	F # 23F	Men 15 & Over 800 Free	2	2	---
2:22.92L	F # 28C	Men 15 & Over 200 IM	1	5	-0.31
2:25.13L	P # 28C	Men 15 & Over 200 IM	1	---	1.90

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters****Location: Aquarena St. John's, NL****St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
2:09.50L	F # 36C	Men 15 & Over 200 Free	3	1	0.81
2:09.56L	P # 36C	Men 15 & Over 200 Free	3	---	0.87
<b>McKay, Curtis (15) M</b>					
1:00.45L	F # 2C	Men 15 & Over 100 Free	5	---	0.85
1:00.75L	P # 2C	Men 15 & Over 100 Free	6	---	1.15
27.33L	F # 16C	Men 15 & Over 50 Free	3	1	0.48
27.45L	P # 16C	Men 15 & Over 50 Free	3	---	0.60
1:07.76L	P # 18C	Men 15 & Over 100 Fly	7	---	-6.28
1:09.21L	F # 18C	Men 15 & Over 100 Fly	7	---	-4.83
5:39.99L	P # 22C	Men 15 & Over 400 IM	9	---	-15.10
10:02.40L	F # 23F	Men 15 & Over 800 Free	7	---	---
2:33.75L	F # 28C	Men 15 & Over 200 IM	9	---	0.42
2:38.33L	P # 28C	Men 15 & Over 200 IM	11	---	5.00
2:14.72L	F # 36C	Men 15 & Over 200 Free	10	---	-0.21
2:16.44L	P # 36C	Men 15 & Over 200 Free	9	---	1.51
<b>Mercer-Daley, Billy (15) M</b>					
1:10.72L	P # 2C	Men 15 & Over 100 Free	18	---	2.00
5:16.13L	P # 8C	Men 15 & Over 400 Free	6	---	-3.90
5:26.95L	F # 8C	Men 15 & Over 400 Free	7	---	6.92
33.89L	F # 10C	Men 15 & Over 50 Fly	15	---	-1.09
35.89L	P # 10C	Men 15 & Over 50 Fly	16	---	0.91
31.51L	P # 16C	Men 15 & Over 50 Free	19	---	0.46
11:10.39L	F # 23F	Men 15 & Over 800 Free	14	---	---
2:59.75L	P # 32C	Men 15 & Over 200 Fly	4	---	-18.48
3:15.09L DQ	F # 32C	Men 15 & Over 200 Fly	---	---	---
19:53.63L	F # 37F	Men 15 & Over 1500 Free	2	2	-56.82
<b>Monaghan, Darragh (12) M</b>					
1:24.33L	P # 2A	Men 12 & Under 100 Free	11	---	-2.20
6:40.55L	P # 8A	Men 12 & Under 400 Free	11	---	---
46.48L	F # 14A	Men 12 & Under 50 Back	7	---	---
51.23L	P # 14A	Men 12 & Under 50 Back	8	---	---
35.95L	P # 16A	Men 12 & Under 50 Free	10	---	---
3:33.22L	P # 28A	Men 12 & Under 200 IM	13	---	---
53.58L	P # 34A	Men 12 & Under 50 Breast	6	---	---
51.95L DQ	F # 34A	Men 12 & Under 50 Breast	---	---	---
3:05.56L	P # 36A	Men 12 & Under 200 Free	12	---	---
<b>Munn, Alex (18) W</b>					
1:05.15L	F # 1C	Women 15 & Over 100 Free	5	---	3.74
1:07.05L	P # 1C	Women 15 & Over 100 Free	6	---	5.64
35.44L	P # 13C	Women 15 & Over 50 Back	1	---	2.44
35.48L	F # 13C	Women 15 & Over 50 Back	1	5	2.48
29.44L	F # 15C	Women 15 & Over 50 Free	2	2	1.39
29.75L	P # 15C	Women 15 & Over 50 Free	1	---	1.70
6:07.85L	P # 21C	Women 15 & Over 400 IM	8	---	---
6:10.23L	F # 21C	Women 15 & Over 400 IM	8	---	---

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
10:46.27L	F # 23E	Women 15 & Over 800 Free	4	---	10.92
2:54.15L	F # 27C	Women 15 & Over 200 IM	11	---	8.08
2:55.43L	P # 27C	Women 15 & Over 200 IM	11	---	9.36
2:28.05L	P # 35C	Women 15 & Over 200 Free	5	---	7.69
2:29.94L	F # 35C	Women 15 & Over 200 Free	6	---	9.58
<b>Neveu, Kate (14) W</b>					
1:12.62L	F # 1B	Women 13-14 100 Free	5	---	-1.45
1:14.90L	P # 1B	Women 13-14 100 Free	5	---	0.83
5:39.08L	P # 7B	Women 13-14 400 Free	5	---	-2.60
38.71L	P # 9B	Women 13-14 50 Fly	4	---	-0.38
38.89L	F # 9B	Women 13-14 50 Fly	4	---	-0.20
1:35.45L	F # 11B	400 Medley Relay Lead Off	---	---	0.81
41.19L	F # 13B	Women 13-14 50 Back	7	---	0.01
42.49L	P # 13B	Women 13-14 50 Back	8	---	1.31
32.97L	F # 15B	Women 13-14 50 Free	4	---	-0.39
33.28L	P # 15B	Women 13-14 50 Free	3	---	-0.08
1:12.51L	F # 25B	400 Free Relay Lead Off	---	---	-1.56
1:33.93L	P # 29B	Women 13-14 100 Back	9	---	-0.71
2:44.52L	P # 35B	Women 13-14 200 Free	6	---	5.45
2:44.73L	F # 35B	Women 13-14 200 Free	5	---	5.66
<b>Neveu, Rachel (12) W</b>					
1:09.84L	F # 1A	Women 12 & Under 100 Free	2	2	-6.02
1:13.65L	P # 1A	Women 12 & Under 100 Free	4	---	-2.21
5:34.86L	F # 7A	Women 12 & Under 400 Free	2	2	-7.95
5:41.53L	P # 7A	Women 12 & Under 400 Free	4	---	-1.28
1:27.10L	F # 11A	400 Medley Relay Lead Off	---	---	4.98
37.92L	F # 13A	Women 12 & Under 50 Back	2	2	0.40
39.33L	P # 13A	Women 12 & Under 50 Back	2	---	1.81
32.43L	F # 15A	Women 12 & Under 50 Free	2	2	-0.93
33.91L	P # 15A	Women 12 & Under 50 Free	6	---	0.55
6:30.16L	F # 21A	Women 12 & Under 400 IM	3	1	---
6:38.58L	P # 21A	Women 12 & Under 400 IM	3	---	---
1:21.16L	F # 29A	Women 12 & Under 100 Back	1	5	-0.96
1:24.65L	P # 29A	Women 12 & Under 100 Back	3	---	2.53
2:34.90L	F # 35A	Women 12 & Under 200 Free	1	5	-3.44
2:38.49L	P # 35A	Women 12 & Under 200 Free	1	---	0.15
1:20.72L	F # 38A	200 Medley Relay Lead Off	---	---	43.20
<b>Newhook, Sam (13) M</b>					
34.79L	P # 10B	Men 13-14 50 Fly	9	---	-1.83
30.60L	F # 16B	Men 13-14 50 Free	8	---	-0.82
30.76L	P # 16B	Men 13-14 50 Free	7	---	-0.66
1:19.02L	F # 18B	Men 13-14 100 Fly	7	---	-20.27
1:21.63L	P # 18B	Men 13-14 100 Fly	6	---	-17.66
X 1:08.72L	F # 26B	400 Free Relay Lead Off	---	---	1.03
2:54.42L	P # 28B	Men 13-14 200 IM	13	---	1.02

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters****Location: Aquarena St. John's, NL****St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
2:31.11L	P # 36B	Men 13-14 200 Free	10	---	2.53
X 1:16.42L	F # 39B	200 Medley Relay Lead Off	---	---	36.17
<b>North, Emily (16) W</b>					
2:50.21L	F # 3C	Women 15 & Over 200 Back	3	1	-5.95
2:52.72L	P # 3C	Women 15 & Over 200 Back	3	---	-3.44
38.08L	P # 9C	Women 15 & Over 50 Fly	15	---	0.07
38.20L	F # 9C	Women 15 & Over 50 Fly	13	---	0.19
X 1:23.47L	F # 11C	400 Medley Relay Lead Off	---	---	3.06
38.32L	F # 13C	Women 15 & Over 50 Back	5	---	-0.58
38.40L	P # 13C	Women 15 & Over 50 Back	4	---	-0.50
1:27.66L	F # 17C	Women 15 & Over 100 Fly	8	---	1.78
1:28.10L	P # 17C	Women 15 & Over 100 Fly	9	---	2.22
6:22.49L	F # 21C	Women 15 & Over 400 IM	11	---	-0.53
6:27.80L	P # 21C	Women 15 & Over 400 IM	12	---	4.78
2:58.94L	P # 27C	Women 15 & Over 200 IM	14	---	-1.84
3:02.56L	F # 27C	Women 15 & Over 200 IM	15	---	1.78
1:20.98L	F # 29C	Women 15 & Over 100 Back	2	2	0.57
1:21.25L	P # 29C	Women 15 & Over 100 Back	2	---	0.84
X 1:23.21L	F # 38C	200 Medley Relay Lead Off	---	---	44.31
<b>North, Jessica (16) W</b>					
1:17.88L	P # 1C	Women 15 & Over 100 Free	21	---	3.37
3:14.44L	P # 3C	Women 15 & Over 200 Back	12	---	9.07
6:11.75L	P # 7C	Women 15 & Over 400 Free	11	---	---
40.22L	F # 13C	Women 15 & Over 50 Back	9	---	0.01
40.78L	P # 13C	Women 15 & Over 50 Back	10	---	0.57
34.16L	P # 15C	Women 15 & Over 50 Free	19	---	0.69
1:28.14L	F # 29C	Women 15 & Over 100 Back	7	---	0.26
1:28.44L	P # 29C	Women 15 & Over 100 Back	10	---	0.56
2:51.87L	F # 35C	Women 15 & Over 200 Free	13	---	5.60
2:55.00L	P # 35C	Women 15 & Over 200 Free	17	---	8.73
<b>Noseworthy, Jessica (15) W</b>					
1:11.50L	F # 1C	Women 15 & Over 100 Free	11	---	0.39
1:12.48L	P # 1C	Women 15 & Over 100 Free	13	---	1.37
1:34.21L	P # 5C	Women 15 & Over 100 Breast	6	---	0.72
1:34.39L	F # 5C	Women 15 & Over 100 Breast	7	---	0.90
32.48L	F # 15C	Women 15 & Over 50 Free	10	---	-0.70
33.09L	P # 15C	Women 15 & Over 50 Free	12	---	-0.09
3:14.73L	F # 19C	Women 15 & Over 200 Breast	4	---	-6.67
3:18.14L	P # 19C	Women 15 & Over 200 Breast	5	---	-3.26
X 1:11.31L	F # 25C	400 Free Relay Lead Off	---	---	0.20
3:04.37L	P # 27C	Women 15 & Over 200 IM	16	---	3.44
3:08.10L	F # 27C	Women 15 & Over 200 IM	16	---	7.17
43.77L	P # 33C	Women 15 & Over 50 Breast	9	---	0.77
2:40.51L	P # 35C	Women 15 & Over 200 Free	12	---	3.21

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>O'Leary, Liam (11) M</b>					
1:37.73L	F # 6A	Men 12 & Under 100 Breast	2	2	-1.46
1:38.71L	P # 6A	Men 12 & Under 100 Breast	2	---	-0.48
5:58.10L	F # 8A	Men 12 & Under 400 Free	4	---	-75.64
6:03.05L	P # 8A	Men 12 & Under 400 Free	4	---	-70.69
35.03L	F # 16A	Men 12 & Under 50 Free	8	---	-0.25
35.33L	P # 16A	Men 12 & Under 50 Free	7	---	0.05
3:23.53L	F # 20A	Men 12 & Under 200 Breast	2	2	-30.42
3:33.02L	P # 20A	Men 12 & Under 200 Breast	2	---	-20.93
3:10.68L	F # 28A	Men 12 & Under 200 IM	6	---	-4.74
3:14.70L	P # 28A	Men 12 & Under 200 IM	5	---	-0.72
44.61L	F # 34A	Men 12 & Under 50 Breast	3	1	-1.10
46.35L	P # 34A	Men 12 & Under 50 Breast	4	---	0.64
2:50.92L	F # 36A	Men 12 & Under 200 Free	7	---	-1.39
2:52.27L	P # 36A	Men 12 & Under 200 Free	5	---	-0.04
<b>O'Leary, Rebecca (15) W</b>					
1:09.64L	F # 1C	Women 15 & Over 100 Free	9	---	-0.62
1:12.32L	P # 1C	Women 15 & Over 100 Free	12	---	2.06
2:58.92L	F # 3C	Women 15 & Over 200 Back	5	---	-6.75
3:01.28L	P # 3C	Women 15 & Over 200 Back	5	---	-4.39
5:37.25L	F # 7C	Women 15 & Over 400 Free	6	---	6.44
5:39.35L	P # 7C	Women 15 & Over 400 Free	6	---	8.54
X 1:26.12L	F # 11C	400 Medley Relay Lead Off	---	---	-0.29
32.85L	P # 15C	Women 15 & Over 50 Free	9	---	0.99
33.01L	F # 15C	Women 15 & Over 50 Free	12	---	1.15
11:37.16L	F # 23E	Women 15 & Over 800 Free	9	---	-13.38
1:26.05L	P # 29C	Women 15 & Over 100 Back	5	---	-0.36
2:39.00L	P # 35C	Women 15 & Over 200 Free	11	---	5.00
<b>Rockwood, Nadine (16) W</b>					
1:04.61L	F # 1C	Women 15 & Over 100 Free	4	---	1.94
1:05.59L	P # 1C	Women 15 & Over 100 Free	2	---	2.92
32.42L	P # 9C	Women 15 & Over 50 Fly	2	---	1.55
32.68L	F # 9C	Women 15 & Over 50 Fly	2	2	1.81
1:13.02L	F # 17C	Women 15 & Over 100 Fly	1	5	-0.73
1:15.25L	P # 17C	Women 15 & Over 100 Fly	2	---	1.50
5:42.25L	F # 21C	Women 15 & Over 400 IM	1	5	-21.90
5:52.95L	P # 21C	Women 15 & Over 400 IM	3	---	-11.20
2:48.30L	P # 27C	Women 15 & Over 200 IM	2	---	1.99
2:50.63L	F # 27C	Women 15 & Over 200 IM	8	---	4.32
2:22.93L	F # 35C	Women 15 & Over 200 Free	2	2	5.87
2:23.48L	P # 35C	Women 15 & Over 200 Free	1	---	6.42
19:41.33L	F # 37E	Women 15 & Over 1500 Free	1	5	21.41
<b>Shortall, Gabriel (11) M</b>					
1:25.13L	P # 2A	Men 12 & Under 100 Free	12	---	---
6:37.55L	P # 8A	Men 12 & Under 400 Free	10	---	---

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters****Location: Aquarena St. John's, NL****St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
44.63L	P # 14A	Men 12 & Under 50 Back	5	---	-12.07
45.81L	F # 14A	Men 12 & Under 50 Back	6	---	-10.89
37.23L	P # 16A	Men 12 & Under 50 Free	15	---	-10.20
3:30.28L	P # 28A	Men 12 & Under 200 IM	9	---	-42.46
1:40.35L	F # 30A	Men 12 & Under 100 Back	6	---	---
1:42.09L	P # 30A	Men 12 & Under 100 Back	6	---	---
3:08.18L	P # 36A	Men 12 & Under 200 Free	14	---	5.07
<b>Silotch, Catherine (10) W</b>					
1:15.09L	P # 1A	Women 12 & Under 100 Free	9	---	1.36
1:43.03L	P # 5A	Women 12 & Under 100 Breast	9	---	0.29
5:51.01L	F # 7A	Women 12 & Under 400 Free	7	---	-68.37
5:51.12L	P # 7A	Women 12 & Under 400 Free	6	---	-68.26
32.28L	P # 15A	Women 12 & Under 50 Free	1	---	-0.21
32.86L	F # 15A	Women 12 & Under 50 Free	4	---	0.37
X 1:13.90L	F # 25A	400 Free Relay Lead Off	---	---	0.17
3:00.53L	F # 27A	Women 12 & Under 200 IM	3	1	-6.01
3:01.49L	P # 27A	Women 12 & Under 200 IM	3	---	-5.05
1:25.71L	P # 29A	Women 12 & Under 100 Back	4	---	---
1:28.27L	F # 29A	Women 12 & Under 100 Back	5	---	---
2:43.37L	P # 35A	Women 12 & Under 200 Free	4	---	1.61
2:51.74L	F # 35A	Women 12 & Under 200 Free	7	---	9.98
<b>Slade, Logan (11) M</b>					
2:49.47L	F # 4A	Men 12 & Under 200 Back	1	5	-11.29
2:54.81L	P # 4A	Men 12 & Under 200 Back	1	---	-5.95
5:39.64L	F # 8A	Men 12 & Under 400 Free	2	2	-38.04
5:59.84L	P # 8A	Men 12 & Under 400 Free	3	---	-17.84
1:27.59L	F # 12A	400 Medley Relay Lead Off	---	---	4.42
37.92L	F # 14A	Men 12 & Under 50 Back	1	5	-0.70
38.07L	P # 14A	Men 12 & Under 50 Back	1	---	-0.55
32.40L	F # 16A	Men 12 & Under 50 Free	3	1	-0.51
32.54L	P # 16A	Men 12 & Under 50 Free	2	---	-0.37
1:12.94L	F # 26A	400 Free Relay Lead Off	---	---	-0.11
2:57.07L	F # 28A	Men 12 & Under 200 IM	2	2	-11.27
3:04.43L	P # 28A	Men 12 & Under 200 IM	2	---	-3.91
1:20.22L	F # 30A	Men 12 & Under 100 Back	1	5	-2.95
1:24.41L	P # 30A	Men 12 & Under 100 Back	1	---	1.24
2:39.41L	F # 36A	Men 12 & Under 200 Free	2	2	-1.28
2:41.80L	P # 36A	Men 12 & Under 200 Free	2	---	1.11
1:26.51L	F # 39A	200 Medley Relay Lead Off	---	---	47.89
<b>Smith, Kaitlyn (13) W</b>					
1:25.02L	P # 1B	Women 13-14 100 Free	13	---	0.85
3:27.13L	F # 3B	Women 13-14 200 Back	5	---	---
3:29.02L	P # 3B	Women 13-14 200 Back	5	---	---
6:25.67L	P # 7B	Women 13-14 400 Free	10	---	-25.81
38.43L	P # 15B	Women 13-14 50 Free	12	---	0.07

## Individual Meet Results

**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**

**Location: Aquarena St. John's, NL**

**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

Time	F/P/S	Event	Place	Points	Improv
1:44.87L	P # 17B	Women 13-14 100 Fly	6	---	---
1:45.83L	F # 17B	Women 13-14 100 Fly	6	---	---
3:33.20L	F # 27B	Women 13-14 200 IM	6	---	3.21
3:34.85L	P # 27B	Women 13-14 200 IM	7	---	4.86
3:06.07L	P # 35B	Women 13-14 200 Free	10	---	7.22
<b>Snow, Laura (11) W</b>					
1:43.64L	P # 5A	Women 12 & Under 100 Breast	11	---	-8.55
36.56L	P # 15A	Women 12 & Under 50 Free	19	---	-0.48
3:32.14L	F # 19A	Women 12 & Under 200 Breast	8	---	-4.35
3:35.04L	P # 19A	Women 12 & Under 200 Breast	8	---	-1.45
X 1:26.73L	F # 25A	400 Free Relay Lead Off	---	---	0.94
3:19.50L	P # 27A	Women 12 & Under 200 IM	15	---	-44.19
1:43.08L	P # 29A	Women 12 & Under 100 Back	15	---	---
47.24L	P # 33A	Women 12 & Under 50 Breast	9	---	-0.11
3:10.76L	P # 35A	Women 12 & Under 200 Free	24	---	6.28
<b>Taylor, Laura (15) W</b>					
1:09.73L	F # 1C	Women 15 & Over 100 Free	10	---	-13.70
1:11.78L	P # 1C	Women 15 & Over 100 Free	10	---	-11.65
2:53.42L	P # 3C	Women 15 & Over 200 Back	4	---	-3.38
2:54.82L	F # 3C	Women 15 & Over 200 Back	4	---	-1.98
X 1:22.18L	F # 11C	400 Medley Relay Lead Off	---	---	2.30
36.28L	P # 13C	Women 15 & Over 50 Back	2	---	0.74
36.46L	F # 13C	Women 15 & Over 50 Back	3	1	0.92
1:21.11L	F # 17C	Women 15 & Over 100 Fly	5	---	5.59
1:21.49L	P # 17C	Women 15 & Over 100 Fly	6	---	5.97
2:57.76L	P # 27C	Women 15 & Over 200 IM	12	---	4.70
2:58.15L	F # 27C	Women 15 & Over 200 IM	13	---	5.09
1:18.87L	F # 29C	Women 15 & Over 100 Back	1	5	-1.01
1:19.70L	P # 29C	Women 15 & Over 100 Back	1	---	-0.18
43.86L	P # 33C	Women 15 & Over 50 Breast	11	---	0.69
X 1:16.47L	F # 38C	200 Medley Relay Lead Off	---	---	40.93
<b>Tomblin, Leah (18) W</b>					
1:31.87L	F # 5C	Women 15 & Over 100 Breast	5	---	2.37
1:32.87L	P # 5C	Women 15 & Over 100 Breast	5	---	3.37
32.82L	P # 9C	Women 15 & Over 50 Fly	3	---	0.46
32.90L	F # 9C	Women 15 & Over 50 Fly	3	1	0.54
1:14.02L	F # 11C	400 Medley Relay Lead Off	---	---	4.19
1:14.74L	P # 17C	Women 15 & Over 100 Fly	1	---	0.17
5:49.91L	P # 21C	Women 15 & Over 400 IM	2	---	-4.99
10:50.41L	F # 23E	Women 15 & Over 800 Free	5	---	-1.53
2:49.57L	F # 27C	Women 15 & Over 200 IM	6	---	3.98
2:50.68L	P # 27C	Women 15 & Over 200 IM	8	---	5.09
2:29.29L	F # 35C	Women 15 & Over 200 Free	9	---	8.00
2:34.64L	P # 35C	Women 15 & Over 200 Free	10	---	13.35
1:12.96L	F # 38C	200 Medley Relay Lead Off	---	---	40.05

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Tremblett, Beth (10) W</b>					
1:36.72L	P # 1A	Women 12 & Under 100 Free	28	---	---
1:49.56L	P # 5A	Women 12 & Under 100 Breast	17	---	1.45
47.07L	P # 13A	Women 12 & Under 50 Back	14	---	-3.12
3:46.59L	P # 19A	Women 12 & Under 200 Breast	15	---	---
7:36.27L	P # 21A	Women 12 & Under 400 IM	11	---	---
3:27.99L	P # 27A	Women 12 & Under 200 IM	23	---	-1.90
50.29L	P # 33A	Women 12 & Under 50 Breast	13	---	-0.64
<b>Tremblett, Sarah (15) W</b>					
1:04.44L	F # 1C	Women 15 & Over 100 Free	3	1	-2.44
1:05.54L	P # 1C	Women 15 & Over 100 Free	1	---	-1.34
5:03.29L	F # 7C	Women 15 & Over 400 Free	2	2	-10.78
5:08.26L	P # 7C	Women 15 & Over 400 Free	1	---	-5.81
5:56.92L	F # 21C	Women 15 & Over 400 IM	5	---	-28.61
5:57.02L	P # 21C	Women 15 & Over 400 IM	5	---	-28.51
10:37.95L	F # 23E	Women 15 & Over 800 Free	2	2	---
1:05.70L	F # 25C	400 Free Relay Lead Off	---	---	-1.18
2:49.07L	P # 27C	Women 15 & Over 200 IM	5	---	-4.30
2:49.43L	F # 27C	Women 15 & Over 200 IM	5	---	-3.94
2:24.00L	P # 35C	Women 15 & Over 200 Free	2	---	-3.17
2:30.25L	F # 35C	Women 15 & Over 200 Free	7	---	3.08
20:04.97L	F # 37E	Women 15 & Over 1500 Free	3	1	-48.03
<b>Tremblett, Victoria (15) W</b>					
1:05.68L	F # 1C	Women 15 & Over 100 Free	6	---	-1.88
1:05.91L	P # 1C	Women 15 & Over 100 Free	4	---	-1.65
1:30.14L	F # 5C	Women 15 & Over 100 Breast	4	---	-2.85
1:32.36L	P # 5C	Women 15 & Over 100 Breast	4	---	-0.63
5:14.55L	F # 7C	Women 15 & Over 400 Free	3	1	-29.05
5:24.86L	P # 7C	Women 15 & Over 400 Free	4	---	-18.74
30.40L	P # 15C	Women 15 & Over 50 Free	3	---	-0.88
30.46L	F # 15C	Women 15 & Over 50 Free	4	---	-0.82
6:03.27L	F # 21C	Women 15 & Over 400 IM	9	---	-37.82
6:17.35L	P # 21C	Women 15 & Over 400 IM	10	---	-23.74
2:50.19L	F # 27C	Women 15 & Over 200 IM	7	---	-5.34
2:50.43L	P # 27C	Women 15 & Over 200 IM	7	---	-5.10
2:28.66L	P # 35C	Women 15 & Over 200 Free	6	---	-0.24
2:35.18L	F # 35C	Women 15 & Over 200 Free	8	---	6.28
<b>Tucker, Samantha (15) W</b>					
1:09.61L	F # 1C	Women 15 & Over 100 Free	8	---	-4.85
1:11.71L	P # 1C	Women 15 & Over 100 Free	9	---	-2.75
5:21.73L	F # 7C	Women 15 & Over 400 Free	5	---	-5.37
5:26.77L	P # 7C	Women 15 & Over 400 Free	5	---	-0.33
35.44L	F # 9C	Women 15 & Over 50 Fly	6	---	-1.44
36.81L	P # 9C	Women 15 & Over 50 Fly	9	---	-0.07
38.07L	F # 13C	Women 15 & Over 50 Back	4	---	-2.01

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
39.88L	P # 13C	Women 15 & Over 50 Back	8	---	-0.20
31.98L	F # 15C	Women 15 & Over 50 Free	9	---	-1.35
33.09L	P # 15C	Women 15 & Over 50 Free	12	---	-0.24
X 1:09.56L	F # 25C	400 Free Relay Lead Off	---	---	-4.90
1:23.80L	P # 29C	Women 15 & Over 100 Back	4	---	-2.26
2:30.44L	P # 35C	Women 15 & Over 200 Free	8	---	-7.35
<b>Twells, Jack (12) M</b>					
1:41.17L	F # 6A	Men 12 & Under 100 Breast	4	---	2.18
1:43.99L	P # 6A	Men 12 & Under 100 Breast	4	---	5.00
6:00.80L	F # 8A	Men 12 & Under 400 Free	5	---	---
6:07.42L	P # 8A	Men 12 & Under 400 Free	5	---	---
36.22L	P # 16A	Men 12 & Under 50 Free	11	---	0.38
3:36.32L	F # 20A	Men 12 & Under 200 Breast	4	---	-10.52
3:42.44L	P # 20A	Men 12 & Under 200 Breast	5	---	-4.40
6:55.90L	F # 22A	Men 12 & Under 400 IM	1	5	-13.44
7:05.38L	P # 22A	Men 12 & Under 400 IM	1	---	-3.96
44.70L	F # 34A	Men 12 & Under 50 Breast	4	---	-0.55
44.84L	P # 34A	Men 12 & Under 50 Breast	3	---	-0.41
2:49.88L	F # 36A	Men 12 & Under 200 Free	5	---	1.48
2:50.66L	P # 36A	Men 12 & Under 200 Free	4	---	2.26
<b>Twells, Louise (13) W</b>					
1:21.81L	P # 1B	Women 13-14 100 Free	12	---	-11.63
1:38.05L	F # 5B	Women 13-14 100 Breast	2	2	-2.96
1:40.60L	P # 5B	Women 13-14 100 Breast	2	---	-0.41
44.70L	P # 9B	Women 13-14 50 Fly	6	---	0.30
44.74L	F # 9B	Women 13-14 50 Fly	6	---	0.34
45.94L	P # 13B	Women 13-14 50 Back	9	---	2.34
3:23.84L	F # 19B	Women 13-14 200 Breast	2	2	-4.56
3:27.64L	P # 19B	Women 13-14 200 Breast	2	---	-0.76
1:36.38L	P # 29B	Women 13-14 100 Back	11	---	---
46.04L	P # 33B	Women 13-14 50 Breast	2	---	0.16
46.38L	F # 33B	Women 13-14 50 Breast	2	2	0.50
<b>Wheeler-Scott, Amelia (13) W</b>					
NS	P # 13B	Women 13-14 50 Back	---	---	---
NS	P # 15B	Women 13-14 50 Free	---	---	---
NS	P # 27B	Women 13-14 200 IM	---	---	---
NS	P # 29B	Women 13-14 100 Back	---	---	---
NS	P # 35B	Women 13-14 200 Free	---	---	---
<b>Wheeler-Scott, Erin (11) W</b>					
3:23.70L	P # 3A	Women 12 & Under 200 Back	11	---	-1.39
45.59L	P # 13A	Women 12 & Under 50 Back	9	---	0.75
1:38.14L	P # 29A	Women 12 & Under 100 Back	11	---	-3.63
3:17.82L DQ	P # 35A	Women 12 & Under 200 Free	---	---	---
<b>Whelan, Maggie (11) W</b>					
1:14.25L	P # 1A	Women 12 & Under 100 Free	7	---	-0.95

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**Individual Meet Results**
**2009 Long Course Champs 29-May-09 to 31-May-09 LC Meters**
**Location: Aquarena St. John's, NL**
**St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:14.39L	F # 1A	Women 12 & Under 100 Free	8	---	-0.81
3:03.05L	P # 3A	Women 12 & Under 200 Back	2	---	---
3:03.07L	F # 3A	Women 12 & Under 200 Back	3	1	---
5:50.96L	F # 7A	Women 12 & Under 400 Free	6	---	---
5:54.42L	P # 7A	Women 12 & Under 400 Free	7	---	---
X 1:29.88L	F # 11A	400 Medley Relay Lead Off	---	---	4.65
34.06L	P # 15A	Women 12 & Under 50 Free	9	---	0.22
6:29.88L	F # 21A	Women 12 & Under 400 IM	2	2	-35.91
6:40.15L	P # 21A	Women 12 & Under 400 IM	5	---	-25.64
3:01.60L	F # 27A	Women 12 & Under 200 IM	4	---	-2.68
3:04.20L	P # 27A	Women 12 & Under 200 IM	4	---	-0.08
2:43.85L	F # 35A	Women 12 & Under 200 Free	6	---	-2.52
2:44.48L	P # 35A	Women 12 & Under 200 Free	5	---	-1.89
X 1:27.32L	F # 38A	200 Medley Relay Lead Off	---	---	47.76
<b>Whelan, Martin (14) M</b>					
1:02.23L	F # 2B	Men 13-14 100 Free	4	---	-1.44
1:02.49L	P # 2B	Men 13-14 100 Free	4	---	-1.18
1:23.70L	F # 6B	Men 13-14 100 Breast	3	1	-3.85
1:24.21L	P # 6B	Men 13-14 100 Breast	4	---	-3.34
4:42.86L	F # 8B	Men 13-14 400 Free	3	1	-25.29
4:44.09L	P # 8B	Men 13-14 400 Free	1	---	-24.06
29.06L	P # 16B	Men 13-14 50 Free	3	---	-0.74
29.21L	F # 16B	Men 13-14 50 Free	4	---	-0.59
2:54.44L	F # 20B	Men 13-14 200 Breast	3	1	-3.30
2:57.49L	P # 20B	Men 13-14 200 Breast	3	---	-0.25
1:02.92L	F # 26B	400 Free Relay Lead Off	---	---	-0.75
2:33.00L	F # 28B	Men 13-14 200 IM	4	---	-28.60
2:33.59L	P # 28B	Men 13-14 200 IM	3	---	-28.01
2:13.22L	F # 36B	Men 13-14 200 Free	2	2	-1.97
2:13.24L	P # 36B	Men 13-14 200 Free	2	---	-1.95
<b>Wilson, Nathan (15) M</b>					
1:08.97L	F # 2C	Men 15 & Over 100 Free	15	---	-3.46
1:10.39L	P # 2C	Men 15 & Over 100 Free	17	---	-2.04
1:30.70L	P # 6C	Men 15 & Over 100 Breast	10	---	-1.50
5:11.38L	F # 8C	Men 15 & Over 400 Free	5	---	-65.97
5:22.09L	P # 8C	Men 15 & Over 400 Free	7	---	-55.26
32.24L	P # 16C	Men 15 & Over 50 Free	21	---	-1.38
3:05.70L	F # 20C	Men 15 & Over 200 Breast	4	---	-8.52
3:07.95L	P # 20C	Men 15 & Over 200 Breast	3	---	-6.27
2:51.04L	F # 28C	Men 15 & Over 200 IM	16	---	-6.78
2:51.44L	P # 28C	Men 15 & Over 200 IM	18	---	-6.38
39.62L	P # 34C	Men 15 & Over 50 Breast	6	---	-1.65