

Individual Top Times**ECC_2010 01-Jul-10 to 04-Jul-10 LC Meters****St. John's Legends Swim Club [SJL]****Number of Top Times: All Show Long Course Only****Albrechtsons, Hannah (18) W**

30.90	L	P	50 Free
31.27	L	F	50 Free
37.86	L	P	50 Back
1:21.48	L	F	100 Back
1:21.51	L	P	100 Back
44.37	L	P	50 Breast
3:16.42	L	F	200 Breast
3:16.97	L	P	200 Breast
33.28	L	P	50 Fly
34.08	L	F	50 Fly

Aylward, Neria (14) W

32.00	L	P	50 Free
1:09.65	L	P	100 Free
36.86	L	P	50 Back
1:22.02	L	P	100 Back
2:47.86	L	F	200 Back
2:51.22	L	P	200 Back
6:28.79	L	P	400 IM

Buckingham, Aaron (17) M

30.57	L	P	50 Back
27.93	L	P	50 Fly

Curran, Dawn (13) W

32.65	L	P	50 Free
1:02.46	L	F	50 Free
1:11.42	L	P	100 Free
41.61	L	P	50 Breast
3:18.17	L	P	200 Breast
34.93	L	P	50 Fly
1:25.71	L	P	100 Fly

Daly, Owen (15) M

26.12	L	F	50 Free
26.42	L	P	50 Free
50.90	L	F	50 Free
54.97	L	F	100 Free
56.59	L	P	100 Free
2:00.83	L	F	200 Free
2:04.48	L	P	200 Free
4:23.11	L	F	400 Free
4:26.29	L	P	400 Free
27.30	L	F	50 Fly
28.41	L	P	50 Fly
58.60	L	F	100 Fly
1:02.52	L	P	100 Fly

Dornan, Emma (12) W

29.98	L	F	50 Free
30.56	L	P	50 Free
2:24.18	L	P	200 Free
2:24.49	L	F	200 Free
5:06.30	L	F	400 Free

5:15.00	L	P	400 Free
10:55.70	L	F	800 Free
33.63	L	F	50 Fly
33.78	L	P	50 Fly
2:50.26	L	F	200 IM
2:56.91	L	P	200 IM

Engelbrecht, Reniel (16) M

27.74	L	P	50 Free
1:02.27	L	P	100 Free
1:12.96	L	P	100 Back
28.79	L	F	50 Fly
29.06	L	P	50 Fly
1:05.28	L	F	100 Fly
1:06.87	L	P	100 Fly

Ferguson-O'Brien, Walter (12) M

2:30.66	L	F	200 Free
2:34.38	L	P	200 Free
5:20.58	L	P	400 Free
21:17.02	L	F	1500 Free
41.54	L	F	50 Breast
42.21	L	P	50 Breast
3:11.43	L	P	200 Breast

Flynn, Amanda (16) W

32.92	L	P	50 Free
1:11.81	L	P	100 Free
42.84	L	F	50 Breast
44.19	L	P	50 Breast
1:35.65	L	P	100 Breast
1:36.97	L	F	100 Breast
3:24.20	L	F	200 Breast
3:28.24	L	P	200 Breast
36.40	L	P	50 Fly

Flynn, Amy (15) W

33.80	L	P	50 Free
1:13.14	L	P	100 Free
5:39.31	L	P	400 Free
35.25	L	P	50 Fly
1:23.01	L	P	100 Fly
3:14.32	L	P	200 Fly

Froude, Leo (15) M

9:34.32	L	F	800 Free
31.98	L	F	50 Back
32.20	L	P	50 Back
2:30.35	L	F	200 Back
2:33.53	L	P	200 Back
36.47	L	T	50 Breast
2:50.99	L	F	200 Breast
2:51.85	L	P	200 Breast
2:28.09	L	P	200 IM
2:31.24	L	F	200 IM
5:15.99	L	P	400 IM
5:16.75	L	F	400 IM

Gillespie, Katie (13) W

1:09.79	L	P	100 Free
2:34.80	L	P	200 Free
39.73	L	P	50 Breast
40.04	L	F	50 Breast
1:26.31	L	F	100 Breast
1:28.93	L	P	100 Breast
3:06.21	L	F	200 Breast
3:09.17	L	P	200 Breast
35.25	L	P	50 Fly

Gregory, Peter (16) M

1:02.04	L	P	100 Free
9:43.37	L	F	800 Free
1:10.23	L	P	100 Back
1:10.24	L	F	100 Back
31.11	L	P	50 Fly
2:34.84	L	F	200 Fly
2:42.56	L	P	200 Fly
2:35.72	L	P	200 IM
2:35.87	L	F	200 IM

Hickman, Caroline (12) W

32.15	L	F	50 Free
33.63	L	P	50 Free
40.05	L	P	50 Back
3:07.34	L	P	200 Back
39.72	L	F	50 Breast
41.47	L	P	50 Breast
3:10.34	L	F	200 Breast
3:22.01	L	P	200 Breast
6:11.27	L	F	400 IM
6:28.92	L	P	400 IM

Hogan, Dayna (19) W

28.89	L	F	50 Free
29.76	L	P	50 Free
1:03.64	L	F	100 Free
1:05.22	L	P	100 Free
2:22.96	L	F	200 Free
2:23.27	L	P	200 Free
1:14.41	L	F	100 Back
1:17.51	L	P	100 Back
2:43.17	L	F	200 IM
2:46.41	L	P	200 IM
5:45.46	L	F	400 IM
5:56.67	L	P	400 IM

Innes, Emily (18) W

40.49	L	P	50 Back
1:25.66	L	P	100 Back
2:58.72	L	F	200 Back
2:59.57	L	P	200 Back
33.14	L	F	50 Fly
33.48	L	P	50 Fly
1:12.63	L	F	100 Fly
1:14.31	L	P	100 Fly
2:47.18	L	F	200 Fly
2:47.83	L	P	200 Fly

MACKAY, Meg (12) W

2:34.08	L	P	200 Free
2:36.81	L	F	200 Free
5:23.30	L	P	400 Free
5:25.48	L	F	400 Free
10:59.64	L	F	800 Free
21:22.43	L	F	1500 Free
40.99	L	P	50 Back
3:06.77	L	P	200 Back

MACKAY, Victoria (15) W

1:05.61	L	F	100 Free
1:07.01	L	P	100 Free
2:22.18	L	F	200 Free
2:25.07	L	P	200 Free
5:03.90	L	F	400 Free
5:05.08	L	P	400 Free
20:15.83	L	F	1500 Free
1:20.88	L	P	100 Back
1:21.27	L	F	100 Back

45.02	L	P	50 Breast
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McKay, Brandon (18) M

26.93	L	P	50 Free
27.10	L	F	50 Free
2:04.34	L	F	200 Free
2:06.66	L	P	200 Free
4:31.00	L	F	400 Free
4:32.06	L	P	400 Free
34.09	L	F	50 Breast
34.12	L	P	50 Breast
1:03.81	L	F	100 Fly
1:04.65	L	P	100 Fly
2:24.71	L	F	200 IM
2:25.41	L	P	200 IM

McKay, Curtis (16) M

26.46	L	F	50 Free
26.63	L	P	50 Free
2:11.04	L	F	200 Free
2:12.91	L	P	200 Free
1:21.19	L	F	100 Breast
1:22.50	L	P	100 Breast
27.77	L	F	50 Fly
28.43	L	P	50 Fly
1:03.13	L	F	100 Fly
1:04.15	L	P	100 Fly
2:29.11	L	F	200 IM
2:32.07	L	P	200 IM

Newhook, Sam (14) M

27.98	L	F	50 Free
28.36	L	P	50 Free
55.60	L	F	50 Free
1:02.20	L	F	100 Free
1:03.47	L	P	100 Free
5:09.01	L	P	400 Free
32.04	L	P	50 Fly
2:44.33	L	P	200 IM
2:49.72	L	F	200 IM

North, Emily (17) W

34.12	L	P	50 Free
1:14.89	L	P	100 Free
40.24	L	P	50 Back
1:26.67	L	P	100 Back
2:59.26	L	F	200 Back
3:04.10	L	P	200 Back
37.52	L	P	50 Fly

Noseworthy, Jessica (16) W

32.45	L	P	50 Free
1:07.95	L	F	100 Free
1:09.51	L	P	100 Free
40.67	L	F	50 Breast
42.56	L	P	50 Breast
1:29.24	L	F	100 Breast
1:31.17	L	P	100 Breast
3:12.71	L	F	200 Breast
3:21.66	L	P	200 Breast
36.33	L	P	50 Fly

O'Leary, Liam (12) M

32.80	L	F	50 Free
33.13	L	P	50 Free
2:44.13	L	P	200 Free
5:40.79	L	P	400 Free
42.24	L	F	50 Breast
42.89	L	P	50 Breast

3:22.99	L	F	200 Breast
3:25.82	L	P	200 Breast
3:00.18	L	F	200 IM
3:02.12	L	P	200 IM

O'Leary, Rebecca (16) W

34.02	L	P	50 Free
1:14.24	L	P	100 Free
41.35	L	P	50 Back
1:30.39	L	P	100 Back
3:09.76	L	P	200 Back
1:43.89	L	P	100 Breast

Rockwood, Nadine (18) W

29.97	L	P	50 Free
30.11	L	F	50 Free
1:02.97	L	F	100 Free
1:03.79	L	P	100 Free
2:15.25	L	F	200 Free
2:17.52	L	P	200 Free
4:51.88	L	F	400 Free
4:55.23	L	P	400 Free
19:41.99	L	F	1500 Free
32.19	L	F	50 Fly
33.20	L	P	50 Fly

Shortall, Gabriel (12) M

2:39.50	L	P	200 Free
5:22.11	L	F	400 Free
5:29.22	L	P	400 Free
21:04.19	L	F	1500 Free
38.73	L	F	50 Back
39.74	L	P	50 Back
35.86	L	F	50 Fly
36.68	L	P	50 Fly
3:01.69	L	F	200 IM
3:02.66	L	P	200 IM

Silotch, Catherine (11) W

29.54	L	F	50 Free
30.56	L	P	50 Free
2:21.24	L	F	200 Free
2:28.49	L	P	200 Free
34.21	L	F	50 Back
35.41	L	P	50 Back
2:38.11	L	F	200 Back
2:46.72	L	P	200 Back
42.99	L	F	50 Breast
44.78	L	P	50 Breast
33.39	L	F	50 Fly
34.91	L	P	50 Fly

Slade, Logan (12) M

2:21.38	L	F	200 Free
2:25.65	L	P	200 Free
5:03.00	L	F	400 Free
5:13.74	L	P	400 Free
10:37.18	L	F	800 Free
33.89	L	F	50 Back
34.98	L	P	50 Back
2:33.09	L	F	200 Back
2:39.78	L	P	200 Back
2:43.39	L	F	200 IM
2:47.82	L	P	200 IM

Smith, Colin (12) M

32.95	L	F	50 Free
33.83	L	P	50 Free
2:44.59	L	P	200 Free

42.49	L	P	50 Back
3:11.50	L	F	200 Back
3:19.64	L	P	200 Back
43.40	L	F	50 Breast
43.58	L	P	50 Breast
3:33.51	L	F	200 Breast
3:35.93	L	P	200 Breast

Snow, Laura (12) W

2:38.93	L	P	200 Free
5:37.45	L	P	400 Free
42.19	L	F	50 Breast
43.55	L	P	50 Breast
3:21.83	L	F	200 Breast
3:24.73	L	P	200 Breast
34.72	L	F	50 Fly
36.49	L	P	50 Fly
2:56.42	L	F	200 IM
3:04.17	L	P	200 IM

Tomblin, Leah (19) W

30.60	L	P	50 Free
30.81	L	F	50 Free
34.29	L	F	50 Back
34.78	L	P	50 Back
1:14.13	L	F	100 Back
1:15.11	L	P	100 Back
42.39	L	P	50 Breast
43.42	L	F	50 Breast
33.36	L	P	50 Fly
33.41	L	F	50 Fly

Tremblett, Sarah (16) W

1:04.61	L	F	50 Free
1:10.03	L	P	100 Free
2:28.56	L	F	200 Free
2:31.35	L	P	200 Free
10:55.03	L	F	800 Free
1:35.94	L	P	100 Breast
1:24.24	L	P	100 Fly

Tremblett, Victoria (16) W

1:05.60	L	F	100 Free
1:08.13	L	P	100 Free
2:22.05	L	F	200 Free
2:27.89	L	P	200 Free
10:37.37	L	F	800 Free
2:59.07	L	P	200 Back
1:36.59	L	P	100 Breast
2:59.53	L	P	200 IM
3:04.60	L	F	200 IM

Wheeler-Scott, Erin (12) W

35.48	L	P	50 Free
2:43.56	L	P	200 Free
5:44.04	L	P	400 Free
37.93	L	F	50 Back
39.23	L	P	50 Back
3:04.61	L	P	200 Back
3:13.12	L	P	200 IM

Whelan, Maggie (13) W

5:26.92	L	P	400 Free
21:42.78	L	F	1500 Free
2:48.74	L	P	200 Back
2:51.10	L	F	200 Back
1:35.50	L	P	100 Breast
3:22.43	L	P	200 Breast
6:06.05	L	F	400 IM

6:09.55	L	P	400 IM
Whelan, Martin (15) M			
27.91	L	P	50 Free
35.26	L	F	50 Breast
35.68	L	T	50 Breast
37.20	L	P	50 Breast
1:18.76	L	F	100 Breast
1:19.98	L	P	100 Breast
2:48.97	L	F	200 Breast
2:50.09	L	P	200 Breast
32.41	L	P	50 Fly
2:29.08	L	F	200 IM
2:32.51	L	P	200 IM

Wilson, Molly (12) W

35.41	L	P	50 Free
41.76	L	P	50 Back
3:13.02	L	P	200 Back
53.13	L	P	50 Breast
37.75	L	P	50 Fly