

Individual Meet Results**Gander Lakers Provincial Invit 30-Nov-07 to 02-Dec-07 SC Meters****Location: Gander Arts and Culture Pool****St. John's Legends Swim Club [SJL] Coach: Brad Hutton**

Time	F/P/S	Event	Place	Points	Improv
Albrechtsons, Hannah (15) W					
1:07.25S	F # 1D	Women 15 & Over 100 Free	4	---	0.23
31.46S	F # 13D	200 Free Relay Lead Off	---	---	0.71
1:17.62S	F # 15D	Women 15 & Over 100 Fly	3	1	1.24
2:43.87S	F # 21D	Women 15 & Over 200 Back	4	---	0.24
5:09.37S	F # 23D	Women 15 & Over 400 Free	3	1	-0.47
2:56.34S	F # 27D	Women 15 & Over 200 Fly	4	---	-4.00
Alexander, Kelsey (17) W					
5:24.25S	F # 3D	Women 15 & Over 400 IM	1	5	-0.26
1:26.29S	F # 19D	Women 15 & Over 100 Breast	3	1	-0.13
2:30.98S	F # 21D	Women 15 & Over 200 Back	1	5	7.92
2:32.38S	F # 25D	Women 15 & Over 200 IM	1	5	-0.45
2:30.86S	F # 27D	Women 15 & Over 200 Fly	1	5	0.57
Avery, Lauren (13) W					
1:19.35S	F # 1C	Women 13-14 100 Free	12	---	1.62
1:33.25S	F # 9C	Women 13-14 100 Back	5	---	-1.11
36.54S	F # 17C	Women 13-14 50 Free	10	---	0.16
1:46.56S	F # 19C	Women 13-14 100 Breast	8	---	2.63
6:22.36S	F # 23C	Women 13-14 400 Free	5	---	-5.73
Avis, Matthew (17) M					
5:48.11S	F # 4D	Men 15 & Over 400 IM	3	1	-9.59
1:23.91S	F # 16D	Men 15 & Over 100 Fly	5	---	5.64
2:48.89S	F # 22D	Men 15 & Over 200 Back	2	2	4.68
2:43.83S	F # 26D	Men 15 & Over 200 IM	6	---	-1.01
3:08.37S	F # 28D	Men 15 & Over 200 Fly	2	2	---
38.71S	F # 30D	200 Medley Relay Lead Off	---	---	1.26
Bittner, Danielle (13) W					
1:13.75S	F # 1C	Women 13-14 100 Free	5	---	-6.33
1:32.10S	F # 9C	Women 13-14 100 Back	4	---	0.48
12:02.89S	F # 11E	Women 13-14 800 Free	1	5	-4.20
1:40.80S	F # 19C	Women 13-14 100 Breast	5	---	-1.27
5:41.80S	F # 23C	Women 13-14 400 Free	1	5	-18.54
Brown, Cori (15) W					
NS	F # 1D	Women 15 & Over 100 Free	---	---	---
NS	F # 5D	Women 15 & Over 200 Breast	---	---	---
NS	F # 9D	Women 15 & Over 100 Back	---	---	---
NS	F # 17D	Women 15 & Over 50 Free	---	---	---
NS	F # 19D	Women 15 & Over 100 Breast	---	---	---
Daly, Erin (17) W					
1:11.08S	F # 1D	Women 15 & Over 100 Free	6	---	0.96
3:08.84S	F # 5D	Women 15 & Over 200 Breast	4	---	5.59
1:24.24S	F # 19D	Women 15 & Over 100 Breast	1	5	1.21
2:55.94S	F # 25D	Women 15 & Over 200 IM	6	---	2.73
3:10.27S	F # 27D	Women 15 & Over 200 Fly	5	---	---
Daly, Kathleen (10) W					
4:13.97S	F # 5A	Women 10 & Under 200 Breast	4	---	6.27
3:37.41S	F # 7A	Women 10 & Under 200 Free	9	---	-8.66
2:00.24S	F # 15A	Women 10 & Under 100 Fly	5	---	-2.43
2:02.37S	F # 19A	Women 10 & Under 100 Breast	5	---	-1.22
3:53.94S	F # 25A	Women 10 & Under 200 IM	6	---	-7.17
Dornan, Emma (10) W					

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Time	F/P/S	Event	Place	Points	Improv
7:25.17S	F # 3A	Women 10 & Under 400 IM	1	5	-13.21
3:14.87S	F # 7A	Women 10 & Under 200 Free	4	---	---
41.68S	F # 13A	200 Free Relay Lead Off	---	---	3.37
1:42.08S	F # 15A	Women 10 & Under 100 Fly	1	5	-5.45
39.37S	F # 17A	Women 10 & Under 50 Free	2	2	1.06
3:31.32S	F # 25A	Women 10 & Under 200 IM	2	2	-6.48
Dunn, Christopher (12) M					
1:50.81S	F # 2B	Men 11-12 100 Free	14	---	-20.02
2:05.43S	F # 10B	Men 11-12 100 Back	8	---	-10.95
46.53S	F # 18B	Men 11-12 50 Free	10	---	-15.97
2:07.32S	F # 20B	Men 11-12 100 Breast	8	---	-9.46
DQ	F # 26B	Men 11-12 200 IM	---	---	---
Engelbrecht, Reniel (14) M					
1:01.92S	F # 2C	Men 13-14 100 Free	2	2	0.14
2:22.53S	F # 8C	Men 13-14 200 Free	2	2	1.31
1:08.63S	F # 16C	Men 13-14 100 Fly	1	5	-3.65
28.09S	F # 18C	Men 13-14 50 Free	2	2	-0.99
2:38.41S	F # 26C	Men 13-14 200 IM	1	5	-5.61
Fourie, Elsabe (11) W					
1:25.80S	F # 1B	Women 11-12 100 Free	6	---	-0.56
3:03.76S	F # 7B	Women 11-12 200 Free	11	---	-5.38
13:34.60S	F # 11C	Women 11-12 800 Free	3	1	-13.05
39.97S	F # 17B	Women 11-12 50 Free	8	---	0.89
3:31.94S	F # 25B	Women 11-12 200 IM	18	---	-2.04
Froude, Allison (10) W					
4:15.58S	F # 5A	Women 10 & Under 200 Breast	5	---	---
3:34.39S	F # 7A	Women 10 & Under 200 Free	8	---	---
1:54.65S	F # 9A	Women 10 & Under 100 Back	2	2	2.56
NS	F # 17A	Women 10 & Under 50 Free	---	---	---
DQ	F # 25A	Women 10 & Under 200 IM	---	---	---
Hanna-Quinn, Sonja (12) W					
7:21.92S	F # 3B	Women 11-12 400 IM	7	---	---
1:31.24S	F # 9B	Women 11-12 100 Back	4	---	-0.72
40.69S	F # 17B	Women 11-12 50 Free	11	---	-0.14
3:11.69S	F # 21B	Women 11-12 200 Back	4	---	-3.70
3:28.60S	F # 25B	Women 11-12 200 IM	13	---	-0.32
42.70S	F # 29B	200 Medley Relay Lead Off	---	---	-0.14
Jeans, Stephanie (17) W					
1:37.22S	F # 9D	Women 15 & Over 100 Back	9	---	8.14
36.31S	F # 17D	Women 15 & Over 50 Free	12	---	2.81
1:46.21S	F # 19D	Women 15 & Over 100 Breast	9	---	4.79
6:24.12S	F # 23D	Women 15 & Over 400 Free	8	---	7.15
NS	F # 25D	Women 15 & Over 200 IM	---	---	---
43.53S	F # 29D	200 Medley Relay Lead Off	---	---	1.40
MACKAY, Meg (10) W					
7:49.89S	F # 3A	Women 10 & Under 400 IM	3	1	---
3:15.34S	F # 7A	Women 10 & Under 200 Free	5	---	-7.40
41.74S	F # 17A	Women 10 & Under 50 Free	4	---	-2.29
6:40.65S	F # 23A	Women 10 & Under 400 Free	1	5	-22.51
3:44.00S	F # 25A	Women 10 & Under 200 IM	3	1	-8.05
Mackay, Victoria (12) W					

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Time	F/P/S	Event	Place	Points	Improv
3:28.39S	F # 5B	Women 11-12 200 Breast	4	---	0.60
2:43.71S	F # 7B	Women 11-12 200 Free	3	1	-9.48
37.04S	F # 13B	200 Free Relay Lead Off	---	---	0.19
36.60S	F # 17B	Women 11-12 50 Free	4	---	-0.25
3:06.89S	F # 21B	Women 11-12 200 Back	3	1	-7.67
3:07.91S	F # 25B	Women 11-12 200 IM	3	1	-0.58
McKay, Brandon (15) M					
5:12.97S	F # 4D	Men 15 & Over 400 IM	1	5	7.21
2:46.91S	F # 6D	Men 15 & Over 200 Breast	1	5	-37.27
27.41S	F # 14D	200 Free Relay Lead Off	---	---	-0.36
1:05.11S	F # 16D	Men 15 & Over 100 Fly	1	5	-0.51
1:15.70S	F # 20D	Men 15 & Over 100 Breast	1	5	2.55
4:30.96S	F # 24D	Men 15 & Over 400 Free	2	2	0.19
Mercer-Daley, Billy (14) M					
1:11.47S	F # 2C	Men 13-14 100 Free	4	---	-3.80
2:37.75S	F # 8C	Men 13-14 200 Free	5	---	-21.50
22:19.41S	F # 12F	Men 13-14 1500 Free	3	1	-5.83
32.80S	F # 18C	Men 13-14 50 Free	4	---	0.57
3:12.93S	F # 26C	Men 13-14 200 IM	6	---	3.03
Munn, Alexandra (17) W					
1:05.08S	F # 1D	Women 15 & Over 100 Free	1	5	1.76
29.49S	F # 17D	Women 15 & Over 50 Free	1	5	0.49
2:43.06S	F # 21D	Women 15 & Over 200 Back	3	1	2.32
5:06.78S	F # 23D	Women 15 & Over 400 Free	2	2	0.61
3:12.67S	F # 27D	Women 15 & Over 200 Fly	6	---	---
Newhook, Sam (12) M					
1:12.33S	F # 2B	Men 11-12 100 Free	3	1	-1.34
3:24.73S	F # 6B	Men 11-12 200 Breast	1	5	0.57
2:40.23S	F # 8B	Men 11-12 200 Free	3	1	-1.55
33.01S	F # 18B	Men 11-12 50 Free	1	5	-0.08
3:06.32S	F # 26B	Men 11-12 200 IM	3	1	5.12
Noseworthy, Jessica (13) W					
1:16.46S	F # 1C	Women 13-14 100 Free	9	---	-0.22
2:58.90S	F # 7C	Women 13-14 200 Free	11	---	9.20
35.58S	F # 13C	200 Free Relay Lead Off	---	---	1.81
35.10S	F # 17C	Women 13-14 50 Free	7	---	1.33
1:40.02S	F # 19C	Women 13-14 100 Breast	3	1	3.71
3:11.86S	F # 25C	Women 13-14 200 IM	4	---	-9.44
Porter, Ben (17) M					
1:00.60S	F # 2D	Men 15 & Over 100 Free	3	1	0.19
5:38.34S	F # 4D	Men 15 & Over 400 IM	2	2	-24.49
1:16.30S	F # 16D	Men 15 & Over 100 Fly	3	1	-0.48
1:24.67S	F # 20D	Men 15 & Over 100 Breast	2	2	2.48
2:47.23S	F # 28D	Men 15 & Over 200 Fly	1	5	---
Primmer, Sam (12) M					
1:18.77S	F # 2B	Men 11-12 100 Free	5	---	1.10
2:49.31S	F # 8B	Men 11-12 200 Free	4	---	-27.90
24:13.05S	F # 12D	Men 11-12 1500 Free	5	---	---
36.68S	F # 14B	200 Free Relay Lead Off	---	---	0.85
36.14S	F # 18B	Men 11-12 50 Free	2	2	0.31
6:02.27S	F # 24B	Men 11-12 400 Free	4	---	-12.95

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Rockwood, Nadine (15) W					
3:02.91S	F # 5D	Women 15 & Over 200 Breast	2	2	-1.10
29.74S	F # 13D	200 Free Relay Lead Off	---	---	0.64
1:25.49S	F # 19D	Women 15 & Over 100 Breast	2	2	-1.58
2:44.30S	F # 21D	Women 15 & Over 200 Back	5	---	-11.25
4:49.48S	F # 23D	Women 15 & Over 400 Free	1	5	-0.81
2:45.71S	F # 27D	Women 15 & Over 200 Fly	2	2	-25.91
Slade, Logan (10) M					
8:08.39S	F # 4A	Men 10 & Under 400 IM	2	2	---
1:46.03S	F # 10A	Men 10 & Under 100 Back	2	2	---
39.54S	F # 18A	Men 10 & Under 50 Free	2	2	-0.59
1:56.85S	F # 20A	Men 10 & Under 100 Breast	2	2	-1.06
3:39.32S	F # 26A	Men 10 & Under 200 IM	1	5	-11.17
Smith, Angela (15) W					
2:41.86S	F # 7D	Women 15 & Over 200 Free	1	5	6.55
1:25.87S	F # 9D	Women 15 & Over 100 Back	7	---	1.42
1:23.74S	F # 15D	Women 15 & Over 100 Fly	5	---	3.11
3:00.06S	F # 21D	Women 15 & Over 200 Back	9	---	2.81
3:01.26S	F # 25D	Women 15 & Over 200 IM	7	---	-2.20
Smith, Kaitlyn (12) W					
8:11.55S	F # 3B	Women 11-12 400 IM	11	---	---
3:29.29S	F # 7B	Women 11-12 200 Free	23	---	-9.66
1:44.99S	F # 9B	Women 11-12 100 Back	9	---	-10.64
40.44S	F # 17B	Women 11-12 50 Free	10	---	0.59
3:51.12S	F # 25B	Women 11-12 200 IM	28	---	-9.18
47.77S	F # 29C	200 Medley Relay Lead Off	---	---	-6.26
Thompson, Mara (10) W					
1:39.86S	F # 1A	Women 10 & Under 100 Free	4	---	---
4:25.29S	F # 5A	Women 10 & Under 200 Breast	6	---	---
42.88S	F # 17A	Women 10 & Under 50 Free	5	---	-8.19
7:31.41S	F # 23A	Women 10 & Under 400 Free	2	2	---
DQ	F # 25A	Women 10 & Under 200 IM	---	---	---
Tiller, Michael (13) M					
NS	F # 2C	Men 13-14 100 Free	---	---	---
NS	F # 8C	Men 13-14 200 Free	---	---	---
NS	F # 18C	Men 13-14 50 Free	---	---	---
NS	F # 20C	Men 13-14 100 Breast	---	---	---
NS	F # 26C	Men 13-14 200 IM	---	---	---
Tomblin, Leah (17) W					
1:06.61S	F # 1D	Women 15 & Over 100 Free	3	1	1.41
3:06.60S	F # 5D	Women 15 & Over 200 Breast	3	1	4.97
30.52S	F # 17D	Women 15 & Over 50 Free	2	2	0.10
2:42.79S	F # 25D	Women 15 & Over 200 IM	3	1	6.32
2:52.84S	F # 27D	Women 15 & Over 200 Fly	3	1	6.51
33.60S	F # 29D	200 Medley Relay Lead Off	---	---	1.08
Twells, Jack (10) M					
7:59.60S	F # 4A	Men 10 & Under 400 IM	1	5	---
4:11.09S	F # 6A	Men 10 & Under 200 Breast	2	2	-2.04
3:25.25S	F # 8A	Men 10 & Under 200 Free	5	---	---
1:56.17S	F # 20A	Men 10 & Under 100 Breast	1	5	0.73
3:49.31S	F # 26A	Men 10 & Under 200 IM	3	1	-9.14

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Time	F/P/S	Event	Place	Points	Improv
Twells, Louise (12) W					
3:48.24S	F # 5B	Women 11-12 200 Breast	9	---	4.07
DQ	F # 9B	Women 11-12 100 Back	---	---	---
41.24S	F # 17B	Women 11-12 50 Free	13	---	-0.88
1:48.90S	F # 19B	Women 11-12 100 Breast	7	---	-3.05
3:28.73S	F # 25B	Women 11-12 200 IM	14	---	-3.94