
RECORDS SJL Team Records
SC Meters-Women

10 & U	50 Free	32.12	1-Jan-92	SJL	Laurie Green	
	100 Free	1:15.17	1-Jan-96	SJL	Susan Murrin	
	200 Free	2:36.83	27-Feb-81	SJL	Lesley Turner	
	400 Free	5:33.83	10-Nov-82	SJL	Anne Stacey	
	800 Free	11:31.00	25-Mar-84	SJL	Louise Copeman	
	1500 Free	24:00.00	1-Jan-01	SJL	no record	
	50 Back	37.47	6-Mar-09	SJL	Catherine Silotch	
	100 Back	1:23.31	6-Mar-09	SJL	Catherine Silotch	
	200 Back	2:58.31	1-Jan-01	SJL	Ingrid Antonsen	
	50 Breast	40.25	8-Feb-92	SJL	Laurie Green	
	100 Breast	1:26.56	9-Feb-92	SJL	Laurie Green	
	200 Breast	3:12.86	6-Dec-91	SJL	Laurie Green	
	50 Fly	35.34	8-Feb-92	SJL	Laurie Green	
	100 Fly	1:29.42	6-Mar-09	SJL	Catherine Silotch	
	200 Fly	3:24.01	29-Feb-08	SJL	Emma Dornan	
	100 IM	1:23.13	6-Mar-92	SJL	Laurie Green	
	200 IM	2:59.74	6-Dec-91	SJL	Laurie Green	
	400 IM	6:21.54	10-Jan-97	SJL	Susan Murrin	
	11-12	50 Free	29.12	1-Jan-80	SJL	Donna Phelan
		100 Free	1:01.27	9-Nov-02	SJL	Laura Murray
200 Free		2:13.75	31-Jan-97	SJL	Leah Murrin	
400 Free		4:38.30	1-Mar-97	SJL	Leah Murrin	
800 Free		9:25.75	28-Feb-97	SJL	Leah Murrin	
1500 Free		18:38.81	1-May-87	SJL	Paula Crutcher	
50 Back		32.53	4-Mar-10	SJL	CATHERINE SILOTCH at East Coast Short Course Championship 2010	
100 Back		1:11.74	12-Mar-10	SJL	CATHERINE SILOTCH at 2010 SNL SC Championships	
200 Back		2:34.14	14-Feb-03	SJL	Ingrid Antonsen	
50 Breast		37.51	13-Nov-93	SJL	Laurie Green	
100 Breast		1:19.43	6-Dec-93	SJL	Laurie Green	
200 Breast		2:47.82	6-Dec-93	SJL	Laurie Green	
50 Fly		31.77	19-Oct-02	SJL	Laura Murray	
100 Fly		1:11.98	1-Mar-97	SJL	Leah Murrin	
200 Fly		2:32.41	1-Mar-97	SJL	Leah Murrin	
100 IM		1:17.35	17-Oct-03	SJL	Leah Tomblin	
200 IM		2:35.12	19-Oct-02	SJL	Laura Murray	
400 IM		5:16.91	31-Jan-97	SJL	Leah Murrin	
13-14		50 Free	27.41	21-Feb-04	SJL	Laura Murray
		100 Free	58.52	21-Feb-04	SJL	Laura Murray
	200 Free	2:05.76	22-Feb-04	SJL	Laura Murray	
	400 Free	4:22.46	21-Feb-04	SJL	Laura Murray	
	800 Free	8:58.02	12-Feb-95	SJL	Suzanne Drodge	
	1500 Free	17:46.65	6-Feb-04	SJL	Laura Murray	
	50 Back	32.57	6-Dec-03	SJL	Kelsey Alexander	
	100 Back	1:08.85	6-Dec-03	SJL	Laura Murray	
	200 Back	2:25.97	6-Feb-04	SJL	Laura Murray	
	50 Breast	37.85	1-Jan-85	SJL	Laurie Green	
	100 Breast	1:16.32	29-Mar-97	SJL	Paula Kelly	

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13-14	200 Breast	2:41.19	2-Dec-97	SJL	Paula Kelly
	50 Fly	29.63	7-Nov-03	SJL	Laura Murray
	100 Fly	1:05.87	30-Nov-03	SJL	Laura Murray
	200 Fly	2:24.25	28-Nov-98	SJL	Leah Murrin
	100 IM	1:11.53	4-Dec-97	SJL	Leah Murrin
	200 IM	2:28.30	10-Feb-95	SJL	Suzanne Drodge
	400 IM	5:10.83	28-Nov-98	SJL	Leah Murrin
15-18	50 Free	26.76	17-Feb-07	SJL	Kelsey Alexander
	100 Free	57.87	1-Jan-07	SJL	Kelsey Alexander
	200 Free	2:06.78	1-Jan-97	SJL	Suzanne Drodge
	400 Free	4:22.85	1-Jan-98	SJL	Suzanne Drodge
	800 Free	8:58.03	14-Feb-81	SJL	Suzanne Drodge
	1500 Free	17:37.24	5-Dec-97	SJL	Suzanne Drodge
	50 Back	30.76	1-Jan-07	SJL	Kelsey Alexander
	100 Back	1:05.45	1-Jan-07	SJL	Kelsey Alexander
	200 Back	2:22.52	29-Feb-08	SJL	Leah Tomblin
	50 Breast	36.71	1-Jan-99	SJL	Laurie Green
	100 Breast	1:12.84	14-Mar-81	SJL	Paula Kelly
	200 Breast	2:34.70	14-Mar-81	SJL	Paula Kelly
	50 Fly	28.93	1-Jan-07	SJL	Kelsey Alexander
	100 Fly	1:03.71	1-Jan-07	SJL	Kelsey Alexander
	200 Fly	2:20.04	21-Feb-81	SJL	Suzanne Drodge
	100 IM	1:10.27	24-Oct-96	SJL	Suzanne Drodge
	200 IM	2:23.36	20-Feb-98	SJL	Suzanne Drodge
	400 IM	5:03.20	21-Feb-81	SJL	Paula Kelly
	50 Free	26.76	1-Jan-07	SJL	Kelsey Alexander
	100 Free	57.87	1-Jan-07	SJL	Kelsey Alexander
	200 Free	2:06.78	1-Jan-97	SJL	Suzanne Drodge
	400 Free	4:22.85	1-Jan-98	SJL	Suzanne Drodge
	800 Free	8:58.03	14-Feb-98	SJL	Suzanne Drodge
	1500 Free	17:37.24	5-Dec-97	SJL	Suzanne Drodge
	50 Back	30.76	1-Jan-07	SJL	Kelsey Alexander
	100 Back	1:05.45	16-Feb-07	SJL	Kelsey Alexander
	200 Back	2:21.96	23-Jan-10	SJL	Leah Tomblin
	50 Breast	35.76	5-Feb-10	SJL	Erin Daly
	100 Breast	1:12.84	14-Mar-81	SJL	Paula Kelly
	200 Breast	2:34.70	14-Mar-81	SJL	Paula Kelly
	50 Fly	28.93	1-Jan-07	SJL	Kelsey Alexander
	100 Fly	1:03.71	1-Jan-07	SJL	Kelsey Alexander
	200 Fly	2:20.04	21-Feb-98	SJL	Suzanne Drodge
	100 IM	1:10.27	24-Oct-96	SJL	Suzanne Drodge
	200 IM	2:23.36	20-Feb-98	SJL	Suzanne Drodge
	400 IM	5:03.20	21-Feb-81	SJL	Paula Kelly

RECORDS SJL Team Records
SC Meters-Men

10 & U	50 Free	32.87	3-Mar-06	SJL	Owen DALY at Short Course Champs 2006	
	100 Free	1:14.95	3-Mar-06	SJL	Owen Daly	
	200 Free	2:36.03	11-Mar-88	SJL	Chris Granter	
	400 Free	5:20.86	26-Feb-88	SJL	Chris Granter	
	800 Free	12:00.00	1-Jan-01	SJL	no record	
	1500 Free	24:00.00	1-Jan-01	SJL	no record	
	50 Back	38.17	26-Feb-88	SJL	Chris Ganter	
	100 Back	1:29.11	9-May-08	SJL	Logan Slade	
	200 Back	3:07.91	9-May-08	SJL	Logan Slade	
	50 Breast	46.76	1-Jan-93	SJL	Steven Thornhill	
	100 Breast	1:40.66	3-Mar-06	SJL	Owen Daly	
	200 Breast	3:34.01	3-Mar-06	SJL	Roy Leake	
	50 Fly	35.75	10-Oct-83	SJL	Iain Tennent	
	100 Fly	1:28.82	3-Mar-06	SJL	Owen Daly	
	200 Fly	3:15.10	16-Jan-82	SJL	Fergus O'Brien	
	100 IM	1:23.14	26-Feb-88	SJL	Chris Granter	
	200 IM	2:55.41	8-Dec-86	SJL	Adrian Costello	
	400 IM	7:19.76	9-May-08	SJL	Jack Twells	
	11-12	50 Free	27.92	6-Dec-85	SJL	Iain Tennent
		100 Free	1:01.66	5-Dec-85	SJL	Iain Tennent
200 Free		2:10.95	7-Dec-85	SJL	Iain Tennent	
400 Free		4:32.60	6-Dec-85	SJL	Iain Tennent	
800 Free		9:46.90	15-Mar-85	SJL	Iain Tennent	
1500 Free		17:24.74	5-Dec-85	SJL	Iain Tennent	
50 Back		32.78	29-Feb-08	SJL	Owen Daly	
100 Back		1:11.66	31-Jan-97	SJL	Jimmy Mowbray	
200 Back		2:33.82	31-Jan-97	SJL	Jimmy Mowbray	
50 Breast		37.28	6-Feb-01	SJL	Scott Bennett	
100 Breast		1:21.28	4-Feb-01	SJL	Scott Bennett	
200 Breast		2:49.99	4-Feb-01	SJL	Scott Bennett	
50 Fly		32.51	19-Oct-07	SJL	Owen Daly	
100 Fly		1:12.90	29-Feb-08	SJL	Owen Daly	
200 Fly		2:31.40	8-Dec-85	SJL	Iain Tennent	
100 IM		1:12.32	29-Feb-08	SJL	Owen Daly	
200 IM		2:33.50	31-Jan-86	SJL	Iain Tennent	
400 IM		5:46.65	6-Dec-07	SJL	Leo Froude	
13-14		50 Free	24.25	18-Feb-10	SJL	Owen DALY at Championnats canadiens de l'es
		100 Free	53.68	4-Mar-10	SJL	Owen DALY at East Coast Short Course Championship 2010
	200 Free	1:56.27	4-Mar-10	SJL	Owen DALY at East Coast Short Course Championship 2010	
	400 Free	4:12.59	4-Mar-10	SJL	Owen DALY at East Coast Short Course Championship 2010	
	800 Free	8:44.98	18-Feb-10	SJL	Owen DALY at Championnats canadiens de l'es	
	1500 Free	16:53.16	4-Dec-87	SJL	Iain Tennent	
	50 Back	29.15	24-Aug-09	SJL	Owen Daly	
	100 Back	1:02.55	12-Mar-10	SJL	Owen DALY at 2010 SNL SC Championships	
	200 Back	2:20.17	4-Mar-10	SJL	Leo FROUDE at East Coast Short Course Championship 2010	
	50 Breast	32.76	14-Feb-03	SJL	Daniel Albrechtsons	
	100 Breast	1:10.50	6-Dec-90	SJL	Adrian Costello	

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13-14	200 Breast	2:38.84	1-Jan-98	SJL	Stephen Thornhill
	50 Fly	26.22	4-Mar-10	SJL	Owen DALY at East Coast Short Course Championship 2010
	100 Fly	58.79	4-Mar-10	SJL	Owen DALY at East Coast Short Course Championship 2010
	200 Fly	2:15.00	24-Aug-09	SJL	Owen Daly
	100 IM	1:07.44	24-Oct-09	SJL	Owen DALY at October 24th Time Trial
	200 IM	2:17.52	4-Mar-10	SJL	Owen DALY at East Coast Short Course Championship 2010
	400 IM	4:50.25	12-Mar-10	SJL	Owen DALY at 2010 SNL SC Championships
15-18	50 Free	23.94	16-Feb-90	SJL	David Kiruluta
	100 Free	52.39	18-Feb-10	SJL	Aaron Buckingham
	200 Free	1:55.45	1-Jan-97	SJL	Robbie Tennent
	400 Free	4:02.98	8-Feb-97	SJL	Robbie Tennent
	800 Free	8:51.06	17-Feb-05	SJL	Tim Rusted
	1500 Free	16:33.16	28-Feb-97	SJL	Robbie Tennent
	50 Back	28.54	24-Aug-09	SJL	Aaron Buckingham
	100 Back	58.98	1-Jan-98	SJL	George Colbert
	200 Back	2:07.04	6-Feb-97	SJL	Robbie Tennent
	50 Breast	30.78	4-Dec-92	SJL	Adrian Costello
	100 Breast	1:05.91	24-Feb-93	SJL	Adrian Costello
	200 Breast	2:26.20	4-Dec-92	SJL	Adrian Costello
	50 Fly	26.43	1-Jan-02	SJL	Justin Kennedy
	100 Fly	58.49	1-Jan-90	SJL	Iain Tennent
	200 Fly	2:09.53	20-Feb-99	SJL	George Colbert
	100 IM	1:03.59	5-Feb-00	SJL	Steven Thornhill
	200 IM	2:10.93	5-Mar-99	SJL	George Colbert
	400 IM	4:46.56	11-Dec-08	SJL	Brandon McKay
	50 Free	23.59	1-Jan-93	SJL	Iain Tennent
	100 Free	50.67	5-Mar-93	SJL	Iain Tennent
	200 Free	1:55.45	1-Jan-97	SJL	Robbie Tennent
	400 Free	4:02.98	8-Feb-97	SJL	Robbie Tennent
	800 Free	8:44.98	18-Feb-10	SJL	Owen Daly
	1500 Free	16:33.16	28-Feb-97	SJL	Robbie Tennent
	50 Back	28.54	24-Aug-09	SJL	Aaron Buckingham
	100 Back	58.98	1-Jan-98	SJL	George Colbert
	200 Back	2:07.04	6-Feb-97	SJL	Robbie Tennent
	50 Breast	30.78	4-Dec-92	SJL	Adrian Costello
	100 Breast	1:05.91	24-Feb-93	SJL	Adrian Costello
	200 Breast	2:26.20	4-Dec-92	SJL	Adrian Costello
	50 Fly	25.25	5-Mar-93	SJL	Iain Tennent
	100 Fly	55.46	5-Mar-93	SJL	Iain Tennent
	200 Fly	2:04.43	5-Mar-93	SJL	Iain Tennent
	100 IM	1:02.66	1-Jan-95	SJL	Stephen Hatcher
	200 IM	2:10.93	5-Mar-99	SJL	George Colbert
	400 IM	4:46.56	11-Dec-08	SJL	Brandon McKay