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## SPEED Camps Description

The Legends Competitive Swimming SPEED Camps are designed for swimmers with competitive swimming experience as well as swimmers interested in competitive swimming who are currently at an Aquarena Blue, Aqua Quest 10 or higher. Each camp will be split into groups based on swimmer's ability. There will be groups for swimmers needing to learn basic competitive swimming skills, and swimmers looking to build their competitive swimming techniques and skills. We encourage participants to bring their friends to participate!

### Camp Highlights

- 1.5 - 2 hours of swimming
- Team building activities
- Focus on basic skills
- Learning and perfecting turns, dives and FAST swimming



ST. JOHN'S LEGENDS SWIM CLUB  
17 WESTERLAND RD  
ST. JOHN'S, NL  
A1B 3R7

Name:



## Competitive Swimming SPEED Camps



*Come improve your  
competitive swim skills  
this summer!*

Tel: 864-3802  
legendswimming@gmail.com  
www.stjohnslegends.ca

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## Swimmer Information

Swimmer's Name(s) and Age:

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Parents Name: \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone # \_\_\_\_\_

Daytime Phone # \_\_\_\_\_

MCP # \_\_\_\_\_

A brief description of your child's swimming abilities:

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My son/daughter,

\_\_\_\_\_ has permission to participate in the 2011 competitive Swimming SPEED Camp. In signing this agreement, I agree that the Legends and their coaching staff are not held responsible for any injuries of loss of property occurring during the 2011 Competitive Swimming SPEED Camps.

Parents Signature: \_\_\_\_\_

St. John's Legends Swim Club

17 Westerland Rd.

St. John's, NL

A1B 3R7

Phone: 709-864-3802

Email: legendswimming@gmail.com

www.stjohnslegends.ca

## Competitive Swim SPEED Camps

### Registration 2011

Prices:

Weekly Rates: \$100/week

Additional Child Rates: \$90/week

3-6 Weeks \$90/week

Additional Child 3-6 Weeks: \$80/week

I will be attending:

July 11-15:  1 Child  2 Children  3 Children

July 18-22:  1 Child  2 Children  3 Children

July 25-29:  1 Child  2 Children  3 Children

Aug 8-12:  1 Child  2 Children  3 Children

Aug 15-19:  1 Child  2 Children  3 Children

Aug 22-26:  1 Child  2 Children  3 Children

Aug 29-Sept 2:  1 Child  2 Children  3 Children

Total Cost: \_\_\_\_\_

(Cheques payable to St. John's Legends Swim Club)

Please post date cheques for date of first camp attending.

Please return this registration form and payment to the St. John's Legends office or the Legends mailbox at the Aquarena front desk as early as possible.

Camps run daily 12:45 - 5:00 PM

Swimmer's can be dropped off at the Field House front desk at 12:45.

What to Bring:

- Swim suit
- Towel
- Goggles
- Water bottle
- Swim hat
- Running shoes
- Shorts, t-shirt
- Weather appropriate clothes
- Nutritious snack



### Competitive Swimming SPEED Camps

#### Cancellation Policies:

All cancellations must be in writing or via email at legendswimming@gmail.com and are subject to the following conditions:

- \$20 non-refundable Administration Cancellation Fee, if cancellation is received up to 5 working days prior to the start of the camp
- \$50 non-refundable Administration Cancellation Fee, if cancellation is received less than 5 working days prior to the start of the camp
- No shows get NO refund
- Any cancellations prior to the camp due to illness or injury will receive 100% refund if a medical certificate accompanies a written cancellation request