

Gros Morne 2011 Swim Camp

Sponsored by Swimming NL

The Gros Morne Swim Camp goal is to offer every swimmer a fun, educational and challenging swim camp experience. Gros Morne is a beautiful setting to host a swim camp with lots of fresh air, mountains and ocean to inspire any swimmer to begin a new swim year and set new goals. The camp will be lead by Brad Dingey, Head Coach of the Pacific Sea Wolves, Surrey, BC. The camp will include swimming and dryland training.

Who: Provincial Team Swimmers, East Coast Qualifying Swimmers, MUN Varsity Swimmers

Location: Gros Morne Recreation Complex

Date: September 1 to 4, 2011

Accommodations: Rocky Harbour Pioneer Fifties Club

Guest Coaches: Brad Dingey has been Head Coach of the Pacific Sea Wolves for the past seven years. During this time he has established himself as a very strong age group coach, coaching first place finishers at Age Group Championships and Westerns. His swimmer Katie Caldwell qualified at the Spring Senior Nationals for the World Junior Championships this summer in Lima, Peru. Before coaching the Pacific Sea Wolves, Brad coached for the UBC Dolphins where he impacted many swimmers who have raced for the Canadian National Team. Brad's wife Annie Wolfe will be joining him at the camp. Annie is another incredible age group coach who has traveled with Team Canada and is the Head Assistant Coach of the Pacific Sea Wolves.

NL Coaches: Provincial Team Coaches Brad Hutton and Duffy Earle. All other NL coaches are encouraged to attend and participate.

Registration Deadline: July 15, 2011

Registration

Swimmer: _____

Parent: _____

Email: _____

MCP #: _____

Any Medical Conditions (allergies, medications): _____

Emergency Contact Information: _____

Registration Fee: Camp Registration: \$140.00

Bus: St. John's: 160.00 Gander: 130.00 Deer Lake: 80.00

Total Due: _____

Please send Registration and cheque (post dated August 15, 2011) made out to Swim Newfoundland and Labrador by: **July 15, 2010:** SNL, R.P.O. MacDonald Drive, Box 21248, St. John's, Newfoundland, A1A 5B2